

Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.

COURSE SYLLABUS

SUBS 608

DIAGNOSIS AND TREATMENT OF SEXUAL ADDICTION

COURSE DESCRIPTION

This course includes a thorough examination of sexual addiction including the definition, neurobiology, etiology, diagnosis and treatment. Both male and female sexual addiction will be explored. Topics related to sexual addiction including marital affairs, pornography, homosexuality and lesbianism will also be covered. A Biblical understanding and approach to treatment will be integrated into the course.

RATIONALE

Sexual addiction is an increasing problem found in the modern Christian community. Counselors and pastors need a biblical and clinical foundation to adequately understand the etiology and contributing factors to this addiction, recognize its clinical course, and develop effective counseling strategies in addressing this addiction.

I. PREREQUISITE

For information regarding prerequisites for this course, please refer to the [Academic Course Catalog](#).

II. REQUIRED RESOURCE PURCHASE

Click on the following link to view the required resource(s) for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

III. RECOMMENDED RESOURCES

Clinton, T., & Hawkins, R. (2009). *The quick-reference guide to biblical counseling*. Grand Rapids, MI: Baker Books. ISBN: 9780801072253.

Clinton, T., & Laaser, M. (2010). *The quick-reference guide to sexuality and relationship counseling*. Grand Rapids, MI: Baker Books. ISBN: 9780801072369.

Ferree, M. C. (2010). *No stones: Women redeemed from sexual addiction* (2nd ed.). Downers Grove, IL: InterVarsity Press. ISBN: 9780830837403.

Hallman, J. (2008). *The heart of female same-sex attraction: A comprehensive counseling resource*. Downers Grove, IL: InterVarsity Press. ISBN: 9780830834297.

May, G. G. (2007). *Addiction and grace: Love and spirituality in the healing of addictions*. New York, NY: HarperCollins Publishers. ISBN: 9780061122439.

Rosengren, D. B. (2009). *Building motivational interviewing skills: A practitioner workbook*. New York, NY: The Guildford Press. ISBN: 9781606232996.

Struthers, W. M. (2009). *Wired for intimacy. How pornography hijacks the male brain*. Downers Grove, IL: InterVarsity Press. ISBN: 9780830837007.

IV. ADDITIONAL MATERIALS FOR LEARNING

- A. Computer with basic audio/video output equipment
- B. Internet access (broadband recommended)
- C. Microsoft Word
(Microsoft Office is available at a special discount to Liberty University students.)

V. MEASURABLE LEARNING OUTCOMES

Upon successful completion of this course, the student will be able to:

- A. Describe sexual addiction including its etiology, diagnosis, treatment, and prognosis.
- B. Contrast male and female sexual addiction.
- C. Integrate a self-developed biblical approach to counseling with sexual addiction populations.
- D. Synthesize current research on topics related to sexual addiction.
- E. Develop a treatment plan that integrates counseling theory and biblical theology.
- F. Explore one's personal and professional reactions to sexual addiction.

VI. COURSE REQUIREMENTS AND ASSIGNMENTS

- A. Textbook readings and lecture presentations
- B. Course Requirements Checklist

After reading the Syllabus and [Student Expectations](#), the student will complete the related checklist found in Module/Week 1.

- C. Discussion Board Forums (4)

These forums are designed to allow the student to interact with the presentations. For each Discussion Board Forum, the student must submit a 300-500-word initial thread post and one 200–250-word reply post to either fellow students or a question posed by the instructor. Each initial thread post in the Forums must incorporate course assigned materials cited in current APA format.

- D. Reaction Paper

The purpose of this assignment is to encourage the student to explore his or her own personal and professional reactions to sexual addiction. The student will read the assigned text by Laaser, entitled *Healing the Wounds of Sexual Addiction*, and submit a 5-7 page paper, which provides both summary and reaction to the text. The paper must be in current APA format, with an abstract, proper subheadings, and reference citation.

- E. Treatment Plan

The student will submit a treatment plan for an assigned clinical case provided by the professor. The required outline for this 5-7 page paper (not including cover page and reference page; i.e. the body of the paper should be 5-7 pages long) is found in the Grading Rubric and Treatment Plan Instructions.

F. Topic of Interest Paper

The student will review a topic relevant to sexual addiction and submit a 8-10-page paper in current APA format. The student may choose the topic but must email the instructor for approval of the topic before beginning. Topics must be related to sexual addiction and may include: pornography, the internet, prostitution, trauma, the family of origin, treatment modalities, religious beliefs, dual diagnosis, sexual abuse, power and control, etc. The paper must include at least 7 outside sources (not including the textbooks) that are from current scholarly journals.

G. Quizzes (5)

The student will take 5 open-book/open-notes quizzes that cover assigned Carnes and Adams textbook readings. Each quiz will have a time limit of 30 minutes and contain 10–20 questions.

VII. COURSE GRADING AND POLICIES

A. Points

Course Requirements Checklist	10
Discussion Board Forums (4 at 50 pts ea)	200
Reaction Paper	200
Treatment Plan	200
Topic of Interest Paper	200
Quizzes (5 at 40 pts ea)	200
Total	1010

B. Scale

A = 940–1010 A- = 920–939 B+ = 900–919 B = 860–899 B- = 840–859
 C+ = 820–839 C = 780–819 C- = 760–779 D+ = 740–759 D = 700–739
 D- = 680–699 F = 0–679

C. Tests/Exams

- For timed tests/exams students are required to complete the exam within the assigned time. For students who exceed this time limit a penalty of 1 point may be deducted for each minute they exceed the assigned time limit.
- Students must take the exam during the assigned module/week. Late submissions will be penalized at 5% per day, cumulative, with no test/exam being accepted seven (7) days after the original due date without written approval from the professor. Whenever possible, this approval must be sought prior to the test/exam due date.

D. Dual Relationship

The faculty is responsible to interact with counseling students in a supervisory capacity/role. As such, faculty may provide students professional principles, guidance, and recommendations as it relates to the context of the student-client setting. The faculty is responsible to avoid dual relationships with students such as entering a student-counselor or student-pastor relationship. Thus, the faculty does not provide personal counseling addressing student personal problems. If a faculty member perceives that a student is in need of personal or professional counseling, then that faculty member will recommend that the student pursue either pastoral or professional assistance from a counselor in their community.

E. Limits of Confidentiality

In the event of a student's disclosure, either verbally or in writing, of threat of serious or foreseeable harm to self or others, abuse or neglect of a minor, elderly or disabled person, or current involvement in criminal activity, the faculty, staff, administrator, or supervisor will take immediate action. This action may include, but is not limited to, immediate notification of appropriate state law enforcement or social services personnel, emergency contacts, and notification of the appropriate program chair or online dean. The incident and action taken will become part of the student's permanent record.

F. Disability Assistance

Students with a documented disability may contact Liberty University Online's Office of Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make arrangements for academic accommodations. Further information can be found at www.liberty.edu/disabilitysupport.

COURSE SCHEDULE

SUBS 608

Textbooks: Carnes & Adams, *Clinical Management of Sexual Addiction* (2002).
Laaser, *Healing the Wounds of Sexual Addiction* (2004).

MODULE/ WEEK	READING & STUDY	ASSIGNMENTS	POINTS
1	Carnes & Adams: chs. 1–4 2 presentations	Course Requirements Checklist Class Introductions Quiz 1	10 0 40
2	Carnes & Adams: chs. 6, 12 and 13 2 presentations	DB Forum 1	50
3	Carnes & Adams: chs. 5, 16, and 17 Laaser: Entire book 2 presentations	Reaction Paper Quiz 2	200 40
4	Carnes & Adams: chs. 9–10 2 presentations	DB Forum 2	50
5	Carnes & Adams: chs. 18–19 2 presentations	Topic of Interest Paper Quiz 3	200 40
6	Carnes & Adams: chs. 7, 14 and 15 2 presentations	DB Forum 3	50
7	Carnes & Adams: chs. 20–22 2 presentations	Treatment Plan Quiz 4	200 40
8	Carnes & Adams: chs. 8, 11, and 23 1 presentation	DB Forum 4 Quiz 5	50 40
TOTAL			1010

DB = Discussion Board

NOTE: Each course week begins on Monday morning at 12:00 a.m. (ET) and ends on Sunday night at 11:59 p.m. (ET). The final week ends at 11:59 p.m. (ET) on Friday.