

Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.

COURSE SYLLABUS

SUBS 607

TREATMENT AND THE RECOVERY PROCESS

COURSE DESCRIPTION

This course includes a thorough examination of the treatment models of addiction, recovery, and relapse. Students will explore the treatment outcome research, begin treatment planning, and gain a working understanding of the culture of addiction and recovery. This is in essence an experiential class, with a combination of reading, exercises, and hands on experience in the recovery area.

RATIONALE

This course is designed to equip the student with the theoretical basis of treatment and the ability to clinically assess and design a treatment plan for individuals with substance-related problems. In addition, the student will be exposed to the most common approach to treatment of addictions: a 12-step meeting. By attending AA/NA/12-step meetings, the student will begin to gain a working knowledge of the dynamics of the recovery culture and be able to assess the dynamics that work and do not work.

I. PREREQUISITE

For information regarding prerequisites for this course, please refer to the [Academic Course Catalog](#).

II. REQUIRED RESOURCE PURCHASE

Click on the following link to view the required resource(s) for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

III. RECOMMENDED RESOURCES

Clinton, T., & Hawkins, R. (2009). *The quick-reference guide to biblical counseling*. Grand Rapids, MI: Baker Books.

May, G. G. (2007). *Addiction & grace: Love and spirituality in the healing of addictions*. New York, NY: HarperOne.

IV. ADDITIONAL MATERIALS FOR LEARNING

- A. Computer with basic audio/video output equipment
- B. Internet access (broadband recommended)
- C. Blackboard [recommended browsers](#)

D. Microsoft Office

V. MEASURABLE LEARNING OUTCOMES

Upon successful completion of this course, the student will be able to:

- A. Appraise the different theoretical concepts of treatment.
- B. Evaluate current theories and terminology associated with treatment.
- C. Appraise the treatment outcome research.
- D. Analyze clinical features of relapse.
- E. Contrast the difference between the different treatment approaches.
- F. Identify features of relapse risks.

VI. COURSE REQUIREMENTS AND ASSIGNMENTS

A. Textbook readings and lecture presentations

B. Course Requirements Checklist

After reading the Course Syllabus and [Student Expectations](#), the student will complete the related checklist found in Module/Week 1.

C. Discussion Board Forums (4)

Discussion boards are collaborative learning experiences. The Discussion Board Forums give the student an opportunity to show his/her ability to analyze and critically think through what he/she has observed in his/her AA meetings* and how it relates to the readings. Threads must contain at least 600 words, and replies must contain at least 200 words. Each thread and reply must contain at least 1 textbook citation and follow current APA format. (MLO: A, B, D, E, F)

D. AA Meetings*

The student will be required to attend 6 consecutive AA meetings.

E. Screening/Assessment Essay

There will be a Screening/Assessment Essay due during Module/Week 3. This essay must be 2 pages and follow current APA format, including a title page, a reference page, and proper margins, spacing, and citations. (MLO: A, B, C, E)

F. Treatment Plan

The student will be required to read the case history on Sally Smith, complete a diagnosis, write a summary, and develop a treatment plan. He/she will make sure to include pertinent information used to develop the treatment plan in the summary and address all diagnostic features in the treatment plan. The student will also make sure to attend to potential relapse issues. This assignment must follow current APA format and is due during Module/Week 5. (MLO: A, B, C, D, E, F)

G. Final Assessment Project

A thorough assessment will be due at the end of Module/Week 7. This assessment will be completed on a character/person the student read about, watched a movie on, or interviewed. He/she will write up the case history and then design a personalized treatment plan using Perkinson et al. The student will make sure to include any pertinent information in the case history so the treatment plan is clearly justified. The student must also consider relapse issues while designing the treatment plan. This assignment must follow current APA format. (MLO: A, B, C, D, E, F)

H. Tests (5)

The student will take 5 open-book/open-notes tests. Each test will cover the Reading & Study presentation(s) for the specified module(s)/week(s), contain 10–25 multiple-choice and true/false questions, and have a time limit of 30 minutes–1 hour. (MLO: A, B, C, D, E, F)

VII. COURSE GRADING AND POLICIES

A. Points

Course Requirements Checklist	10
Discussion Board Forums (4 at 50 pts ea)	200
AA Meetings (6 at 50 pts ea)	300
Screening/Assessment Essay	50
Treatment Plan	50
Final Assessment Project	150
Test 1 (Module 2)	50
Test 2 (Modules 3–4)	50
Test 3 (Module 6)	50
Test 4 (Module 7)	50
Test 5 (Module 8)	50
Total	1010

B. Scale

A = 940–1010 A- = 920–939 B+ = 900–919 B = 860–899 B- = 840–859
C+ = 820–839 C = 780–819 C- = 760–779 D+ = 740–759 D = 700–739
D- = 680–699 F = 0–679

C. Dual Relationship

The faculty is responsible to interact with counseling students in a supervisory capacity/role. As such, faculty may provide students professional principles, guidance, and recommendations as it relates to the context of the student-client setting. The faculty is responsible to avoid dual relationships with students such as entering a student-counselor or student-pastor relationship. Thus, the faculty does not provide personal counseling addressing student personal problems. If a faculty member perceives that a student is in need of personal or professional counseling, then that faculty member will recommend that the student pursue either pastoral or professional assistance from a counselor in their community.

D. Limits of Confidentiality

In the event of a student's disclosure, either verbally or in writing, of threat of serious or foreseeable harm to self or others, abuse or neglect of a minor, elderly or disabled person, or current involvement in criminal activity, the faculty, staff, administrator, or supervisor will take immediate action. This action may include, but is not limited to, immediate notification of appropriate state law enforcement or social services personnel, emergency contacts, and notification of the appropriate program chair or online dean. The incident and action taken will become part of the student's permanent record.

E. Disability Assistance

Students with a documented disability may contact Liberty University Online's Office of Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make arrangements for academic accommodations. Further information can be found at www.liberty.edu/disabilitysupport.

COURSE SCHEDULE

SUBS 607

MODULE/ WEEK	READING & STUDY	ASSIGNMENTS	POINTS
1	Doweiko: chs. 21–22, 34; review chs. 1–20, 23–26 6 presentations	Course Requirements Checklist Class Introductions DB Forum 1 Find an Open AA Meeting	10 0 50 0
2	Doweiko: chs. 29–30 Hester & Miller: chs. 1–2 1 presentation	DB Forum 2 AA Meeting 1 Test 1	50 50 50
3	Clinton & Scalise: chs. 3–5 Doweiko: chs. 27–28 Hester & Miller: ch. 3 1 presentation	AA Meeting 2 Screening/Assessment Essay	50 50
4	Clinton & Scalise: chs. 31–38 Hester & Miller: ch. 4 3 presentations	AA Meeting 3 Test 2	50 50
5	Clinton & Scalise: Appendix Hester & Miller: chs. 5–8 Perkinson et al.: pp. 1–15 Case History 1 presentation	AA Meeting 4 Treatment Plan	50 50
6	Clinton & Scalise: review chs. 1–5 Doweiko: review ch. 26 Hester & Miller: p. 3 Perkinson et al.: pp. 446–453 2 presentations	DB Forum 3 AA Meeting 5 Test 3	50 50 50
7	Doweiko: chs. 23, 35–37, review 32, 34 Hester & Miller: ch. 9 3 presentations	AA Meeting 6 Test 4 Final Assessment Project	50 50 150
8	Doweiko: chs. 31, 33 1 presentation	DB Forum 4 Test 5	50 50
TOTAL			1010

DB = Discussion Board

NOTE: Each course module/week begins on Monday morning at 12:00 a.m. (ET) and ends on Sunday night at 11:59 p.m. (ET). The final module/week ends at 11:59 p.m. (ET) on **Friday**.