

Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.

COURSE SYLLABUS

PSYC 351

MULTICULTURAL COUNSELING AND RESEARCH ISSUES

COURSE DESCRIPTION

Mental health counseling should assist students to take their own backgrounds into account before learning about counseling approaches which center around techniques shown to be multiculturally effective. The importance of therapist characteristics will be emphasized. Additionally, research leading to the misunderstanding of minority culture members will be critiqued as the value of objective scientific reporting is recognized to be critical to advancement in the mental health field.

RATIONALE

According to the U.S. Census Bureau, the U.S. demographic outlook is in continual flux, with ethnic and racial minorities increasing at a much faster rate than the white majority. The research literature asserts that one's culture has a major influence on how one sees and experiences the world. It creates and shapes many aspects of a person's life, including language, beliefs, values, leisure activities, food consumption habits, clothing preferences, attitudes toward time, eye contact, gestures and body movements, facial expressions, and even attitudes toward life and death. The Psychology program at Liberty University is cognizant of the above U.S. population trends, as well as the dynamics that govern diversified communities. As a means of enhancing the University's goal of training champions for Christ and preparing students to be competent and relevant in their chosen vocational fields, the psychology program has developed a strategy of preparing students to labor in a culturally diversified market place, giving them the necessary tools to be effective, comprehensive, and successful in those chosen fields. This course accomplishes that.

I. PREREQUISITE

For information regarding prerequisites for this course, please refer to the [Academic Course Catalog](#).

II. REQUIRED RESOURCE PURCHASE

Click on the following link to view the required resource(s) for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

III. ADDITIONAL MATERIALS FOR LEARNING

- A. Computer with basic audio/video output equipment
- B. Internet access (broadband recommended)
- C. Blackboard [recommended browsers](#)
- D. Microsoft Word

IV. MEASURABLE COURSE LEARNING OUTCOMES

Upon successful completion of this course, the student will be able to:

- A. Identify the major concepts and theories in multicultural counseling.
- B. Evaluate personal hindrances to effective multicultural counseling.
- C. Describe the constructs related to racial identity/acculturation in people groups.
- D. Assess what constitutes an ethical multicultural counselor.
- E. Discuss empirical evidence regarding counseling techniques with specific minority populations.
- F. Evaluate multicultural issues from a biblical perspective.

V. COURSE REQUIREMENTS AND ASSIGNMENTS

- A. Textbook readings and lecture presentations (MLO: A, B, C, D, E, F)
- B. Course Requirements Checklist
After reading the Course Syllabus and [Student Expectations](#), the student will complete the related checklist found in Module/Week 1.
- C. Discussion Board Forums (4)
Discussion boards are collaborative learning experiences. Therefore, the student will create a thread in response to the provided prompt for each forum. Each thread must be at least 250 words. In addition to the thread, the student is required to reply to 2 other classmates' threads. Each reply must be at least 100 words. (MLO: C, D, F)
- D. Journal Article Summary/Critique
The student will summarize and critique 1 scholarly journal article (it must be a journal article—no book or article reviews, books, magazine articles, newspaper articles, newsletters, or editor's comments/summary of an edition will be accepted) from the 'References' section of the course textbook. The Journal Article Summary/Critique must be 3 pages, not including the title, abstract, and reference pages. The student must include a biblical worldview in his or her analysis. (MLO: A, B, C, D, E)

E. Supplement Assignments (2)

For Supplement Assignment 1, the student will read the provided articles (2) in Blackboard and write an annotated bibliography in current APA format for the 2 articles.

For Supplement Assignment 2, the student will take an active part in a community outreach activity, and then write a brief paper on his or her observation of the event. (MLO: C, D, F)

F. Tests (4)

Each test will cover the Reading & Study material for the module/week in which it is assigned. Each test will be open-book/open-notes, and contain 50 multiple-choice and true/false questions. Some tests may also include matching questions, and an essay question. There is a 1-hour time limit. (MLO: A, B, C, D, E, F)

VI. COURSE GRADING AND POLICIES

A. Points

Course Requirements Checklist	10
Discussion Board Forums (4 at 50 pts ea)	200
Journal Article Summary/Critique	200
Supplemental Assignments (2 at 100 pts ea)	200
Tests (4 at 100 pts ea)	400
Total	1010

B. Scale

A = 900–1010 B = 800–899 C = 700–799 D = 600–699 F = 0–599

C. Disability Assistance

Students with a documented disability may contact Liberty University Online’s Office of Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make arrangements for academic accommodations. Further information can be found at www.liberty.edu/disabilitysupport.

COURSE SCHEDULE

PSYC 351

Textbook: Sue & Sue, *Counseling the Culturally Diverse: Theory and Practice* (2016).

MODULE/ WEEK	READING & STUDY	ASSIGNMENTS	POINTS
1	Sue & Sue: chs. 2, 7 2 presentations 1 document	Course Requirements Checklist Class Introductions DB Forum 1	10 0 50
2	Sue & Sue: chs. 8, 10 2 presentations	Test 1	100
3	Sue & Sue: chs. 11–13 2 presentations 1 website	DB Forum 2	50
4	Sue & Sue: ch. 3 2 presentations	Test 2	100
5	Sue & Sue: chs. 14–17 2 presentations 1 website	DB Forum 3 Journal Article Summary/Critique	50 200
6	Sue & Sue: chs. 19, 26 2 presentations 2 websites	Supplemental Assignment 1 Test 3	100 100
7	Sue & Sue: ch. 22 2 presentations 1 website	DB Forum 4	50
8	2 presentations 1 website	Supplemental Assignment 2 Test 4	100 100
TOTAL			1010

DB = Discussion Board

NOTE: Each course module/week (except Module/Week 1) begins on Tuesday morning at 12:00 a.m. (ET) and ends on Monday night at 11:59 p.m. (ET). The final module/week ends at 11:59 p.m. (ET) on **Friday**.