

Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.

COURSE SYLLABUS

PSYC 308

DIAGNOSIS AND TREATMENT OF SEXUAL ADDICTION

COURSE DESCRIPTION

An examination of the definition, neurobiology, etiology, diagnosis and treatment of sexual addiction. Students will explore, from a biblical worldview, gender issues related to sexual addiction and related topics such as marital affairs, pornography and homosexuality.

RATIONALE

Sexual addiction is an increasing problem found in the modern Christian community. Counselors and pastors need a biblical and clinical foundation to adequately understand the etiology and contributing factors to this addiction, recognize its clinical course, and develop effective counseling strategies in addressing this addiction.

I. PREREQUISITE

For information regarding prerequisites for this course, please refer to the [Academic Course Catalog](#).

II. REQUIRED RESOURCE PURCHASE

Click on the following link to view the required resource(s) for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

III. RECOMMENDED RESOURCES

- Carnes, P. J. & Adams K. M. (2002). *Clinical management of sexual addiction*. New York, NY: Brunner-Routledge. ISBN: 9781583913611.
- Clinton, T. & Hawkins, R. (2009). *The quick reference guide to biblical counseling: Personal and emotional issues*. Grand Rapids, MI: Baker Books. ISBN: 9780801072253.
- Clinton, T. & Laaser, M. (2010). *The quick reference guide to sexuality & relationship counseling*. Grand Rapids, MI: Baker Books. ISBN: 9780801072369.
- Hallman, J. (2008). *The heart of female same-sex attraction: A comprehensive counseling resource*. Downers Grove, IL: InterVarsity Press. ISBN: 9780830834297.
- Laaser, M. R. (2004). *Healing the wounds of sexual addiction*. Grand Rapids, MI: Zondervan. ISBN: 9780310256571.
- May, G. G. (2007). *Addiction & grace; Love and spirituality in the healing of addictions*. New York, NY: HarperOne. ISBN: 9780061122439.
- Rosengren, D. B. (2009). *Building motivational interviewing skills: A practitioner workbook*. New York, NY: Guildford Press. ISBN: 9781606232996.
- Struthers, W. M. (2009). *Wired for intimacy: How pornography hijacks the male brain*. Downers Grove, IL: InterVarsity Press. ISBN: 9780830837007.

III. ADDITIONAL MATERIALS FOR LEARNING

- A. Computer with basic audio/video output equipment
- B. Internet access (broadband recommended)

- C. Microsoft Word
- D. Microsoft PowerPoint (for optional alternative assignment)
- E. Microsoft Publisher (for optional alternative assignment)
(Microsoft Office is available at a special discount to Liberty University students.)

IV. MEASURABLE LEARNING OUTCOMES

Upon successful completion of this course, the student will be able to:

- A. Define and describe sexual addiction including its etiology, diagnosis, treatment, and prognosis. This outcome will be measured by Discussion Board Forums and tests.
- B. Compare and contrast male and female sexual addiction. This outcome will be measured by the Discussion Board Forums, tests, and Reaction Paper.
- C. Develop and integrate a biblical approach to counseling with sexual addiction populations. This outcome will be measured by the Discussion Board Forums, tests, and Reaction Paper.
- D. Analyze and synthesize current research on topics related to sexual addiction. This outcome will be measured by the Topic of Interest (Research) Paper.
- E. Explore one's personal and professional reactions to sexual addiction. This outcome will be measured by the Reaction Paper.
- F. Describe community resources available for sexual addiction. This outcome will be measured by the Resource Paper (or Powerpoint Presentation or Pamphlet).

V. COURSE REQUIREMENTS AND ASSIGNMENTS

- A. Textbook readings and lecture presentations/notes
- B. Course Requirements Checklist
After reading the Syllabus and [Student Expectations](#), the student will complete the related checklist found in Module/Week 1.

- C. Discussion Board Forums (5)
 These Discussion Board Forums are designed to allow the student to interact with the presentations. Each Discussion Board Forum must include a 200–250-word thread and at least one 100–150-word reply to either a fellow student or a question posed by the instructor. Also, each Discussion Board Forum must reflect at least 1 reference to the source of the student’s opinion, cited in current APA format. (Learning Outcomes A, B, C)
- D. Reaction Paper
 The purpose of this assignment is to encourage the student to explore his/her own personal and professional reactions to sexual addiction. The student will read the assigned text *No stones: Women redeemed from sexual addiction*, and complete a 3–4-page Reaction Paper. The paper must be formatted in current APA, with an abstract and subheadings. (Learning Outcomes B, C, F)
- E. Resource Project (Paper, PowerPoint, or Pamphlet)
 The student will complete one of the following
- A 3-4 page paper in APA format
 - A PowerPoint Presentation with script for each slide
 - A Pamphlet (in Word or Publisher)
- The purpose of this project is to assist the student in becoming familiar with the various 12-step programs that are available to clients in his/her recovery. (Learning Outcome F)
- F. Topic of Interest (Research) Paper
 The student will choose and review a topic relevant to sexual addictions and complete a 5–8-page paper in current APA format. The student may choose the topics from the list provided or email the instructor for approval of another topic before beginning. Topics must be related to sexual addiction and may include: pornography, the internet, prostitution, trauma, the family of origin, treatment modalities, religious beliefs, dual diagnosis, sexual abuse, power and control, etc. The paper must include at least 5 outside sources (not including the textbooks), that are from current professional journals (published within the last 5 years). (Learning Outcome D)
- G. Tests (4)
 The student will take 4 tests over the previous weeks’ readings and video presentations. Each test will be open-book/open-notes, contain 25 multiple-choice questions, and have a 50-minute time limit. (Learning Outcomes A, B, C)

VI. COURSE GRADING AND POLICIES

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|----|--|-------------------|
| A. | Points | |
| | Course Requirements Checklist | 10 |
| | Discussion Board Forums (5 at 50 pts ea) | 250 |
| | Reaction Paper | 100 |
| | Resource Paper | 100 |
| | Topic of Interest Paper | 150 |
| | Tests (4 at 100 pts ea) | 400 |
| | | Total 1010 |
| B. | Scale | |

A = 900–1010 B = 800–899 C = 700–799 D = 600–699 F = 0–599

C. Disability Assistance

Students with a documented disability may contact Liberty University Online's Office of Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make arrangements for academic accommodations. Further information can be found at www.liberty.edu/disabilitysupport.

COURSE SCHEDULE

PSYC 308

Textbooks: Carnes, *Out of the Shadows: Understanding Sexual Addiction* (2001).
 Ferree, *No Stones: Women Redeemed from Sexual Addiction* (2010).

| MODULE/ WEEK | READING & STUDY | ASSIGNMENTS | POINTS |
|-------------------------|--|--|---------------|
| 1 | Carnes: ch. 12 presentations 2 lecture notes | Course Requirements Checklist Class Introductions/ DB Forum 1 | 10 50 |
| 2 | Carnes: ch. 2 2 presentations 2 lecture notes | DB Forum 2 Test 1 | 50 100 |
| 3 | Carnes: ch. 3 Ferree: Entire book 2 presentations 2 lecture notes | Reaction Paper | 100 |
| 4 | Carnes: ch. 4 2 presentations 2 lecture notes | DB Forum 3 Test 2 | 50 100 |
| 5 | Carnes: ch. 5 2 presentations 2 lecture notes | DB Forum 4 | 50 |
| 6 | Carnes: ch. 6 2 presentations 2 lecture notes | Resource Project (Paper, PowerPoint, or Pamphlet) Test 3 | 100 100 |
| 7 | Carnes: chs. 7–8 2 presentations 2 lecture notes | Topic of Interest (Research) Paper | 150 |
| 8 | 1 presentation 1 lecture note | Course Wrap-Up DB Test 4 | 50 100 |
| TOTAL | | | 1010 |

DB = Discussion Board

NOTE: Each course module/week (except Module/Week 1) begins on Tuesday morning at 12:00 a.m. (ET) and ends on Monday night at 11:59 p.m. (ET). The final module/week ends at 11:59 p.m. (ET) on Friday.