

Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.

COURSE SYLLABUS

PSYC 307

TREATMENT AND RECOVERY OF ADDICTIONS

COURSE DESCRIPTION

This course examines addiction recovery process theory and treatment modes. Students will understand the theoretical basis for treatment by critically assessing treatment outcome research from various approaches and formalize a practical recovery approach plan. Students will explore treatment approaches, gain a working understanding of addictions and begin to develop a practical approach to recovery. The dynamics of addiction recovery will be examined as students consider recovery obstacles for substance and sexual addiction subsets.

RATIONALE

This course is designed to equip students with the theoretical basis of treatment and the ability to begin to develop a recovery plan for individuals with substance-related problems. In addition, students will examine sexual addiction and a recovery plan for this addiction. This course will also help them identify some of the obstacles involved in the treatment and recovery of addictions, including comorbidity and potential resistance to the treatment protocol.

I. PREREQUISITE

For information regarding prerequisites for this course, please refer to the [Academic Course Catalog](#).

II. REQUIRED RESOURCE PURCHASE

Click on the following link to view the required resource(s) for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

III. ADDITIONAL MATERIALS FOR LEARNING

- A. Computer with basic audio and video equipment
- B. Internet access (broadband recommended)
- C. Blackboard [recommended browsers](#)
- D. Microsoft Word
(Microsoft Office is available at a special discount to Liberty University students.)

IV. MEASURABLE LEARNING OUTCOMES OR COURSE LEARNING OUTCOMES (CLO)

Upon successful completion of this course, the student will be able to:

- A. Appraise the different theoretical concepts of treatment.
- B. Evaluate current theories and terminology associated with treatment.
- C. Appraise the treatment outcome research.
- D. Analyze clinical features of relapse.

- E. Contrast the difference between the different treatment approaches.
- F. Identify features of relapse risks.
- G. Develop a Biblical concept of recovery.

V. COURSE REQUIREMENTS AND ASSIGNMENTS

- A. Textbook readings, audio/visual lecture presentations, websites, and online articles

- B. Course Requirements Checklist

After reading the Syllabus and [Student Expectations](#), the student will complete the related checklist found in Module/Week 1.

- C. Discussion Board Forums (5)

In Modules/Weeks 1, 2, 3, 5, and 8, the student will post in the Discussion Board Forums. They will submit an original thread in answer to forum questions and reply to 2 classmates' threads. The student's original thread must be between 250 and 400 words; the 2 replies must be between 100 and 300 words each. Students must use their readings to support what they post in their original thread. Students **SHOULD NOT** post opinions, but educated answers to the questions that are based on the readings. Opinion-based posts that have no reference to readings will render a maximum score of 24 out of 56 points.

Replies of 100 to 300 words each to 2 other students should be used to enhance an educated discussion on the concepts addressed in the questions. The student should think of this as a classroom discussion addressing a very important issue. Students should use knowledge from the readings and videos to strengthen, support, and challenge each other in their thinking. Adhering to APA formatting guidelines for in-text citations and references is required. Threads are due by 11:59 p.m. (ET) on Friday of the assigned modules/weeks, and at least 2 replies are due by 11:59 p.m. (ET) on Monday of the same modules/weeks. The only exception is Module/Week 8 when the thread is due by 11:59 p.m. (ET) on Wednesday, and the replies are due by 11:59 p.m. (ET) on **Friday. (CLO A, B, C, D, E, F, and G)**

- D. Critical Book Review

In Module/Week 4, the student will submit a 3–4-page critical book review over the Laaser text. Three specific sections, (1) Summary; (2) Analysis; and (3) Conclusion, will be required. Adhering to APA formatting guidelines for in-text citations and references is required. The student should see the instructions and grading rubric located within the Assignment Instructions folder in the course for specific expectations for this assignment. This assignment must be submitted no later than 11:59 p.m. (ET) on Monday of Module/Week 4. **(CLO A, B, C, D and G).**

E. Treatment and Recovery Project

In Module/Week 7, the student will submit an 6–8-page treatment and recovery paper. This paper will include an overview of an addiction and a recovery plan. Adhering to APA formatting guidelines for in-text citations and references is required. The student should see the instructions and grading rubric located within the Assignment Instructions folder in the course for specific expectations for this assignment. This assignment must be submitted no later than 11:59 p.m. (ET) on Monday of Module/Week 7. **(CLO A, B, C, D, F, and G)**

F. Tests (3)

In Modules/Weeks 3, 5, and 8, the student will take an open-note/open-book, multiple-choice and true/false test over the previous week's reading material. These tests consist of 40 questions, and the student will have 60 minutes to complete each test. Once the test is opened, it must be completed; it cannot be saved and resumed at a later time. Tests must be taken no later than 11:59 p.m. (ET) on Monday of the assigned module/week, except for Test 3, which is due by 11:59 p.m. (ET) on **Friday** of Module/Week 8. **(CLO A, B, C, D, E, F, and G)**

VI. COURSE GRADING AND POLICIES

A. Points

| | |
|--|-------------|
| Course Requirements Checklist | 10 |
| Discussion Board Forums (5 at 56 pts ea) | 280 |
| Critical Book Review | 160 |
| Treatment and Recovery Project | 200 |
| Tests (3 at 120 pts ea) | 360 |
| Total | 1010 |

B. Scale

A = 900–1010 B = 800–899 C = 700–799 D = 600–699 F = 0–599

C. Disability Assistance

Students with a documented disability may contact Liberty University Online’s Office of Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make arrangements for academic accommodations. Further information can be found at www.liberty.edu/disabilitysupport

COURSE SCHEDULE

PSYC 307

Textbooks: Laaser, *Healing the Wounds of Sexual Addiction* (2004).
Vom Wormer & Davis, *Addiction Treatment* (2018).

| MODULE/ WEEK | READING & STUDY | ASSIGNMENTS | POINTS |
|-------------------------|--|--|---------------|
| 1 | Laaser: chs. 1–3 Vom Wormer & Davis: chs. 1–2 2 presentations 2 lecture notes | Course Requirements Checklist Class Introductions Discussion Board Forum 1 | 10 0 56 |
| 2 | Laaser: chs. 4–7 Vom Wormer & Davis: ch. 3 2 presentations 2 lecture notes | Discussion Board Forum 2 | 56 |
| 3 | Laaser: chs. 8–11 Vom Wormer & Davis: chs. 4–5 1 presentation 1 lecture note | Discussion Board Forum 3 Test 1 | 56 120 |
| 4 | Laaser: chs. 12–13 Vom Wormer & Davis.: ch. 6–7 1 presentation 1 lecture note | Critical Book Review | 160 |
| 5 | Vom Wormer & Davis: chs. 8–9 1 presentation 1 lecture note | Test 2 | 120 |
| 6 | Vom Wormer & Davis: chs. 10–11 2 presentations 2 lecture notes | Discussion Board Forum 4 | 56 |
| 7 | Vom Wormer & Davis: ch. 12 2 presentations 2 lecture notes | Treatment and Recovery Project | 200 |
| 8 | Vom Wormer & Davis: ch. 13 1 presentation | Discussion Board Forum 5 Test 3 | 56 120 |

| | | | |
|--------------|----------------|--|-------------|
| | 1 lecture note | | |
| TOTAL | | | 1010 |

NOTE: Each course week begins Tuesday morning at 12:00 a.m. (ET) and ends on Monday night at 11:59 p.m. (ET). The final week ends at 11:59 p.m. (ET) on Friday.