

**Note:**

**Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.**

## ***COURSE SYLLABUS***

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### **PSYC 231**

#### **PSYCHOLOGY OF ADOLESCENCE**

#### **COURSE DESCRIPTION**

An investigation of the psychological and environmental factors related to puberty, peer identification and identity conflict in the adolescent. Emphasis will be upon the development of self-identity and the problems faced by the American adolescent.

#### **RATIONALE**

Many of the students who enroll in Psychology of Adolescence are individuals who will be working directly with adolescents (e.g., education, social work, law enforcement, family services, and youth ministries). This course is designed as a foundation for understanding the major theories and concepts of adolescent behavior and thinking and attempting to determine the major influences that precipitate this behavior. Suggestions will be made as to the ways in which an understanding of the adolescent developmental process can be used to influence them in certain desired directions.

#### **I. PREREQUISITE**

For information regarding prerequisites for this course, please refer to the [Academic Course Catalog](#).

#### **II. REQUIRED RESOURCE PURCHASE**

Click on the following link to view the required resource(s) for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

#### **III. ADDITIONAL MATERIALS FOR LEARNING**

- A. Computer with basic audio/video output equipment
- B. Internet access (broadband recommended)
- C. Blackboard [recommended browsers](#)
- D. Microsoft Office

**IV. MEASURABLE LEARNING OUTCOMES**

Upon successful completion of this course, the student will be able to:

- A. Describe the major theories in adolescent psychology.
- B. Analyze issues related to behavior and mental processes in adolescence.
- C. Evaluate concepts from adolescent psychology from a biblical perspective.
- D. Apply research and theory to real life situations involving adolescents.

**V. COURSE REQUIREMENTS AND ASSIGNMENTS**

- A. Textbook readings and lecture presentations
- B. Course Requirements Checklist

After reading the Course Syllabus and [Student Expectations](#), the student will complete the related checklist found in Module/Week 1.

- C. Discussion Board Forums (4)

Discussion boards are collaborative learning experiences. Therefore, the student is required to create a thread in response to the assigned topic for each forum. Each thread must be 300–400 words and demonstrate course-related knowledge. In addition to the thread, the student is required to reply to at least 2 classmates' threads. Each reply must be at least 100 words. (MLO: B, C, D)

- D. Developmental Letter

The student will craft a 2–3-page letter that imparts knowledge to a child or for the benefit of a child which provides encouragement on the journey to adulthood. In addition, the student must compose a 1-page reflection essay in response to provided questions. (MLO: B, C, D)

- E. Body Image Worksheet

The student will complete a worksheet that explores body image development during adolescence. The worksheet will be comprised of 3 parts: 1) a detailed description of an advertisement, 2) responses to 6 critical thinking questions, and 3) a list of resources designed to help parents as they guide their adolescents in the development of a healthy body image. The student must include information from both the textbook and the Bible to support his/her answers. The student must also include 7–10 sources in current APA format. (MLO: B, C, D)

- F. Parent Interview Worksheet

The student will complete a worksheet that examines individual differences in parenting practices and philosophies. The worksheet will be comprised of 3 parts: 1) an interview with a parent of an adolescent, 2) a reflective analysis of the interviewee's parenting style, and 3) an examination of the student's own parenting beliefs. (MLO: B, C, D)

G. Topic Paper

The student will select a topic related to adolescence and will write a topical paper incorporating at least 5 scholarly sources. The paper must be written in current APA format and include a title page, an abstract page, 3–5 full pages of text, and a reference page. (MLO: A, B, C)

H. Quizzes (8)

Each quiz will cover the Reading & Study material for the assigned modules/weeks. Quizzes are not cumulative in their content. Each quiz will be open-book/open-notes, contain 25 multiple-choice questions, and have a 1-hour-and-30-minute time limit. To be successful, the student must study and prepare before attempting any quiz. (MLO: A, B)

**VI. COURSE GRADING AND POLICIES**

A. Points

Course Requirements Checklist	10
Discussion Board Forums (4 at 50 pts ea)	200
Developmental Letter	60
Body Image Worksheet	70
Parent Interview Worksheet	70
Topic Paper	120
Quizzes (8 at 60 pts ea)	480
<b>Total</b>	<b>1010</b>

B. Scale

A = 900–1010 B = 800–899 C = 700–799 D = 600–699 F = 0–599

C. Disability Assistance

Students with a documented disability may contact Liberty University Online’s Office of Disability Academic Support (ODAS) at [LUOODAS@liberty.edu](mailto:LUOODAS@liberty.edu) to make arrangements for academic accommodations. Further information can be found at [www.liberty.edu/disabilitysupport](http://www.liberty.edu/disabilitysupport).

## ***COURSE SCHEDULE***

### **PSYC 231**

Textbook: Santrock, *Adolescence* (2016).

<b>MODULE/ WEEK</b>	<b>READING &amp; STUDY</b>	<b>ASSIGNMENTS</b>	<b>POINTS</b>
<b>1</b>	Santrock: ch. 1 2 presentations	Course Requirements Checklist DB Forum 1 Quiz 1	10 50 60
<b>2</b>	Santrock: chs. 2–3 1 presentation	Developmental Letter Quiz 2	60 60
<b>3</b>	Santrock: chs. 4–5 1 website	DB Forum 2 Quiz 3	50 60
<b>4</b>	Santrock: ch. 6 Defining Body Image 2 presentations 1 video	Body Image Worksheet Quiz 4	70 60
<b>5</b>	Santrock: chs. 7–8 1 presentation	DB Forum 3 Quiz 5	50 60
<b>6</b>	Santrock: ch. 9 2 presentations	Parent Interview Worksheet Quiz 6	70 60
<b>7</b>	Santrock: chs. 10–11 1 website	Topic Paper Quiz 7	120 60
<b>8</b>	Santrock: chs. 12–13	DB Forum 4 Quiz 8	50 60
<b>TOTAL</b>			<b>1010</b>

DB = Discussion Board

**NOTE:** Each course module/week (except Module/Week 1) begins on Tuesday morning at 12:00 a.m. (ET) and ends on Monday night at 11:59 p.m. (ET). The final module/week ends at 11:59 p.m. (ET) on **Friday**.