

Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.

COURSE SYLLABUS

PACO 687 COUNSELING WOMEN

COURSE DESCRIPTION

This course examines the most common problems women bring to counseling, including both developmental and situational crises. It explores biblical perspectives and the most effective treatments for these situations.

RATIONALE

There are many specific psychological issues that apply to women throughout their lifespan. It is beneficial for the practitioner to develop a theoretical rationale and a course of action that will guide him or her as he or she works with women and their specific issues in counseling.

I. PREREQUISITE

For information regarding prerequisites for this course, please refer to the [Academic Course Catalog](#).

II. REQUIRED RESOURCE PURCHASE

Click on the following link to view the required resource(s) for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

III. ADDITIONAL MATERIALS FOR LEARNING

- A. Computer with basic audio/video output equipment
- B. Internet access (broadband recommended)
- C. Microsoft Office

IV. MEASURABLE LEARNING OUTCOMES

Upon successful completion of this course, the student will be able to:

- A. Synthesize research on current theories and issues relevant to the mental and physical well-being of women.
- B. Integrate a Christian worldview in the practice of counseling women.
- C. Describe the tension women experience, especially Christian women, as a result of the feminist movement.
- D. Summarize personal assumptions about gender and gender roles.
- E. Discuss the differences between men and women in relationship to one another.
- F. Recognize theoretical, sociological, biological, and developmental considerations in counseling women.

- G. Identify concepts related to developmental issues throughout a woman's lifetime, such as marriage, pregnancy, and menopause.
- H. Apply professional knowledge and biblical concepts in counseling women.

V. COURSE REQUIREMENTS AND ASSIGNMENTS

A. Textbook readings and presentations

The readings and presentations contain scholarly information and research on course topics. The assignments for each module/week will require integration of the assigned readings and presentations.

B. Course Requirements Checklist

After reading the Course Syllabus and [Student Expectations](#), the student will complete the related checklist found in Module/Week 1.

C. Discussion Board Forums (3)

Discussion boards are collaborative learning experiences. Therefore, the student will create a thread in response to the provided prompt for each forum. Each thread must be at least 250 words, demonstrate course-related knowledge, and be supported with at least 1 citation in current APA format. In addition to the thread, the student will reply to the threads of at least 2 classmates. Each reply must be at least 100 words.

D. Group Discussion Board Forums (3)

For this collaborative discussion board, the instructor will place the student into a group at the beginning of the course. The student will create a thread in response to the provided prompt for each forum. Each thread must be at least 250 words, demonstrate course-related knowledge, and be supported with at least 1 citation in current APA format. In addition to the thread, the student will reply to the threads of at least 2 classmates. Each reply must be at least 100 words.

E. Counseling Research Project

This assignment will assist the student in gaining valuable information and resources on several issues women may bring into counseling. This assignment will consist of a topic selection and 2 main parts, Part A and Part B.

1. Part A: The first main part of the Counseling Research Project is the research paper. The student will select an instructor-approved topic of his or her choice and then research the topic as preparation for teaching a potential workshop to fellow counselors. The paper must be 10–12 pages, include 10–12 scholarly sources, and follow current APA format.
2. Part B: The second main part of the Counseling Research Project is the presentation handout that the student will create to serve as an outline of the project that he or she could present to fellow counselors. This handout must be 2–4 pages. The student must address the main points of the Counseling Research Project, incorporate at least 5 sources, and follow current APA format.

F. Reflective Journal Assignment

This assignment will provide an opportunity for the student to evaluate his or her journey through the developmental stages and transitions in life, and also to reflect on how the

impact of these transitions may help or hinder his or her work in the helping profession. This assignment must be 3–6 pages and integrate concepts learned from the course materials, as well as personal research from at least 1 additional scholarly source outside of the course materials. Current APA format must be followed.

G. Exams (2)

The student will complete 2 exams that will cover the course readings and presentations. Each exam will be open-book/open-notes, contain 25 multiple-choice and true/false questions and 2 essay questions, and have a time limit of 2 hours.

VI. COURSE GRADING AND POLICIES

A. Points

Course Requirements Checklist	10
Discussion Board Forums (3 at 50 pts ea)	150
Group Discussion Board Forums (3 at 50 pts ea)	150
Counseling Research Project	
Part A	200
Part B	75
Reflective Journal Assignment	125
Exam 1 (Modules 1–4)	150
Exam 2 (Modules 5–8)	150
Total	1010

B. Scale

A = 940–1010 A- = 920–939 B+ = 900–919 B = 860–899 B- = 840–859
 C+ = 820–839 C = 780–819 C- = 760–779 D+ = 740–759 D = 700–739
 D- = 680–699 F = 0–679

C. Dual Relationship

The faculty is responsible to interact with counseling students in a supervisory capacity/role. As such, faculty may provide students professional principles, guidance, and recommendations as it relates to the context of the student-client setting. The faculty is responsible to avoid dual relationships with students such as entering a student-counselor or student-pastor relationship. Thus, the faculty does not provide personal counseling addressing student personal problems. If a faculty member perceives that a student is in need of personal or professional counseling, then that faculty member will recommend that the student pursue either pastoral or professional assistance from a counselor in their community.

D. Limits of Confidentiality

In the event of a student's disclosure, either verbally or in writing, of threat of serious or foreseeable harm to self or others, abuse or neglect of a minor, elderly or disabled person, or current involvement in criminal activity, the faculty, staff, administrator, or supervisor will take immediate action. This action may include, but is not limited to, immediate notification of appropriate state law enforcement or social services personnel, emergency contacts, and notification of the appropriate program chair or online dean. The incident and action taken will become part of the student's permanent record.

E. Disability Assistance

Students with a documented disability may contact Liberty University Online's Office of Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make arrangements for academic accommodations. Further information can be found at www.liberty.edu/disabilitysupport.

COURSE SCHEDULE

PACO 687

Textbooks: Clinton & Langberg, *The Quick-Reference Guide to Counseling Women* (2011).
 Fitzpatrick, *Women Counseling Women* (2010).
 Hislop, *Shepherding Women in Pain* (2010).

MODULE/ WEEK	READING & STUDY	ASSIGNMENTS	POINTS
1	Clinton & Langberg: Roles of Women Fitzpatrick: ch. 1 Hislop: chs. 1–5 3 presentations	Course Requirements Checklist Class Introductions Group DB Forum 1 Counseling Research Project: Topic	10 0 50 0
2	Clinton & Langberg: Divorce; Relationships with Men Fitzpatrick: chs. 11, 13 Hislop: ch. 18 3 presentations 1 website	DB Forum 1	50
3	Clinton & Langberg: (Select any 3 of the following chapters) Aging; Grief and Loss; Infertility; Menopause; Miscarriage; Pregnancy; Singleness; Single Parenting Fitzpatrick: chs. 12, 15, 19 Hislop: ch. 7 2 presentations	Reflective Journal Assignment	125
4	Clinton & Langberg: Self-Worth and Approval; Eating Disorders Fitzpatrick: ch. 20 Hislop: ch. 12 4 presentations 1 website	Group DB Forum 2 Exam 1	50 150
5	Clinton & Langberg: Fear and Anxiety; Depression Fitzpatrick: chs. 8, 9 Hislop: chs. 6, 15 4 presentations 2 websites	DB Forum 2	50

MODULE/ WEEK	READING & STUDY	ASSIGNMENTS	POINTS
6	Clinton & Langberg: Child Sexual Abuse; Emotional Abuse; Physical Abuse; Rape Fitzpatrick: ch. 14 Hislop: chs. 16, 17 2 presentations 1 website	Counseling Research Project: Part A	200
7	Clinton & Langberg: Sex Addiction Fitzpatrick: ch. 22 Hislop: ch. 10 1 presentation 1 website	Group DB Forum 3 Counseling Research Project: Part B	50 75
8	Clinton & Langberg: Strength in Conflict and Stress Fitzpatrick: ch. 5 Hislop: ch. 24 2 presentations	DB Forum 3 Exam 2	50 150
TOTAL			1010

DB = Discussion Board

NOTE: Each course module/week begins on Monday morning at 12:00 a.m. (ET) and ends on Sunday night at 11:59 p.m. (ET). The final module/week ends at 11:59 p.m. (ET) on **Friday**.