

Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.

COURSE SYLLABUS

PACO 625

HEALTHY SEXUALITY

COURSE DESCRIPTION

This course introduces students to a research informed biblical paradigm for healthy sexuality. It will increase their awareness, knowledge, and skills regarding the broad range of issues in the field of counseling when addressing healthy sexuality.

RATIONALE

To address the confusion, misunderstandings, and naiveté, this course critically examines human sexuality and its central importance to personhood from theological and pastoral counseling perspectives within the context of a biblically informed worldview.

I. PREREQUISITE

For information regarding prerequisites for this course, please refer to the [Academic Course Catalog](#).

II. REQUIRED RESOURCE PURCHASE

Click on the following link to view the required resource(s) for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

III. ADDITIONAL MATERIALS FOR LEARNING

- A. Computer with basic audio/video output equipment
- B. Internet access (broadband recommended)
- C. Microsoft Office

IV. MEASURABLE LEARNING OUTCOMES

Upon successful completion of this course, the student will be able to:

- A. Evaluate current pastoral views of the nature, development, and function of healthy sexuality throughout the life span of human development.
- B. Integrate biological, behavioral, psychological, sociological, and theological issues related to healthy sexuality.
- C. Develop knowledge through demonstration of skills in discussing, assessing and diagnosing, and treating sexual issues in a pastoral paradigm.
- D. Analyze the concept of healthy sexuality, knowledge, and skills according to personal, ethical, and biblical principles.
- E. Develop a personal integration of his or her own awareness, knowledge, and skills related to healthy sexuality within a biblically informed Christian worldview.

V. COURSE REQUIREMENTS AND ASSIGNMENTS

A. Textbook readings and lecture presentations

B. Course Requirements Checklist

After reading the Course Syllabus and [Student Expectations](#), the student will complete the related checklist found in Module/Week 1.

C. Discussion Board Forums (3)

Discussion boards are collaborative learning experiences. Therefore, the student will complete 2 Discussion Board Forums, where he or she will choose 1 of the listed prompts and post a thread of at least 400 words. The student must cite at least 2 sources in each thread. In addition to the thread, the student will reply to 1 other classmate's thread (250 words minimum) who chose a different prompt.

In Module/Week 5, the student will also post a thread of 400 words on a Key Learning Topic. In addition to the thread, the student will reply to 2 other classmate's thread (250 words minimum).

D. Report of Total Reading/Video Watching

The student will complete a report detailing the percentage of required reading and viewing he or she completed. The student will also write four (4) takeaways from the entire course and how he or she can apply it in a pastoral counseling setting.

E. Theology of Sex and Sexuality Scholarly Paper

This assignment will be completed in 3 parts:

1. Theology of Sex and Sexuality Scholarly Paper: Thesis Submission

The student will write a Theology of Sex and Sexuality Scholarly Paper. The first step is to write a specific thesis statement. This is not a research paper on a topic, but a scholarly theological paper on sex and sexuality. Focus your paper on a broad understanding of sexuality and sex from a biblical worldview perspective.

2. Theology of Sex and Sexuality Scholarly Paper: Outline

The student will develop an outline for his or her Theology of Sex and Sexuality Scholarly Paper. The outline must include a title page, tentative abstract, thesis, heading with main points, and a tentative list of the 10 scholarly references that will be used in the paper.

3. Theology of Sex and Sexuality Scholarly Paper

The student will develop a Theology of Sex and Sexuality Scholarly Paper. The paper must be 5-6 pages (not including title page, abstract, and references). It must be written in the current APA format and in third person. At least 10 scholarly sources in

current APA format are required.

F. Case Study Paper

The student will write a Case Study Paper that contains 2 parts. First, the student will develop a case study that depicts an fictional or nonfictional individual, couple, or family who suffers from a sexual issue such as sexual addiction, hyposexual desire, sexual identity, or other course-based sexual topic. Second, the student will write a theoretical conceptualization and counseling approach to address the issue raised in the case study. The entire paper must be no more than 4 pages and be written in current APA format. This assignment will be submitted via the discussion board.

G. Sexual Journey Paper

The student will write a paper outlining his or her personal sexual story/journey from his or her earliest memory to present day. The paper must reference key experiences and situations that shaped who the student is as a sexual person. The student will also connect his or her personal sexual story to the future work as a counselor including potential countertransference issues.

H. Specific Issue Paper

The student will write a 4-page paper in current APA format covering a specific aspect of the topic from his or her chosen book. The paper must detail a pastoral counseling approach to address the topic from the book that the student selected. This assignment will be submitted via the discussion board.

I. Final Exam

The Final Exam will be open-book/open-notes, contain 50 multiple-choice and true/false questions, and have a 2-hour time limit. A study guide will be provided.

VI. COURSE GRADING AND POLICIES

A. Points

Course Requirements Checklist	10
Discussion Board Forums (2 at 40 pts ea)	80
Discussion Board Report of Key Learning	20
Final Reading/Video Report	140
Theology of Sex and Sexuality Scholarly Paper	
Theology of Sex and Sexuality Scholarly Paper: Thesis Submission	10
Theology of Sex and Sexuality Scholarly Paper: Outline	50
Theology of Sexuality and Sex Scholarly Paper	170
Case Study Paper	130
Sexual Journey Paper	150
Specific Issue Paper	150
Final Exam	100
Total Points	1010

B. Scale

A = 940–1010 A- = 920–939 B+ = 900–919 B = 860–899 B- = 840–859
 C+ = 820–839 C = 780–819 C- = 760–779 D+ = 740–759 D = 700–739
 D- = 680–699 F = 0–679

D. Tests/Exams

1. For timed tests/exams students are required to complete the exam within the assigned time. For students who exceed this time limit a penalty of 1 point may be deducted for each minute they exceed the assigned time limit.
2. Students must take the exam during the assigned module/week. Late submissions will be penalized at 5% per day, cumulative, with no test/exam being accepted seven (7) days after the original due date without written approval from the professor. Whenever possible, this approval must be sought prior to the test/exam due date.

E. Dual Relationship

The faculty is responsible to interact with counseling students in a supervisory capacity/role. As such, faculty may provide students professional principles, guidance, and recommendations as it relates to the context of the student-client setting. The faculty is responsible to avoid dual relationships with students such as entering a student-counselor or student-pastor relationship. Thus, the faculty does not provide personal counseling addressing student personal problems. If a faculty member perceives that a student is in need of personal or professional counseling, then that faculty member will recommend that the student pursue

either pastoral or professional assistance from a counselor in their community.

F. Limits of Confidentiality

In the event of a student's disclosure, either verbally or in writing, of threat of serious or foreseeable harm to self or others, abuse or neglect of a minor, elderly or disabled person, or current involvement in criminal activity, the faculty, staff, administrator, or supervisor will take immediate action. This action may include, but is not limited to, immediate notification of appropriate state law enforcement or social services personnel, emergency contacts, and notification of the appropriate program chair or online dean. The incident and action taken will become part of the student's permanent record.

G. Disability Assistance

Students with a documented disability may contact Liberty University Office's of Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make arrangements for academic accommodations. Further information can be found at www.liberty.edu/disabilitysupport.

COURSE SCHEDULE

PACO 625

Textbooks: Rosenau, *A Celebration of Sex* (2002).

Rosenau & Wilson, *Soul Virgins: Redefining Single Sexuality* (2006).

Smedes, *Sex for Christians: The Limits and Liberties of Sexual Living* (1994).

MODULE/ WEEK	READING & STUDY	ASSIGNMENTS	POINTS
1	Rosenau: chs. 2, 5 Smedes: chs. 1–3 Chosen book 5 presentations 1 article	Course Requirements Checklist Class Introductions DB Forum 1 Weekly Report 1	10 0 40 20
2	Rosenau: chs. 1, 4, 7–8 Rosenau & Wilson: ch. 1 Chosen book 4 presentations	DB Forum 2 Weekly Report 2 Theology of Sex and Sexuality Research Paper: Topic and Thesis Submission	40 20 10
3	Rosenau: chs. 10, 15 Rosenau & Wilson: ch. 2 Smedes: ch. 10 Chosen book 3 presentations	Weekly Report 3 Theology of Sex and Sexuality Research Paper: Outline Case Study Paper	20 50 130
4	Rosenau & Wilson: ch. 15 Smedes: ch. 4 Chosen book 3 presentations	Weekly Report 4 Sexual Journey Paper	20 150
5	Rosenau: ch. 26 Rosenau & Wilson: chs. 3–5 Chosen book 4 presentations	Weekly Report 5	20
6	Rosenau: chs. 23, 25 Rosenau & Wilson: chs. 6, 9, 16 Smedes: ch. 7 Chosen book 5 presentations	Weekly Report 6 Specific Issue Paper	20 150

MODULE/ WEEK	READING & STUDY	ASSIGNMENTS	POINTS
7	Rosenau: chs. 27–28 Smedes: chs. 8–10 3 presentations	Weekly Report 7 Theology of Sex and Sexuality Research Paper	20 170
8	Rosenau: chs. 24, 29 2 presentations	Weekly Report 8 Final Exam	20 100
TOTAL			1010

DB = Discussion Board

NOTE: Each course module/week begins on Monday morning at 12:00 a.m. (ET) and ends on Sunday night at 11:59 p.m. (ET). The final module/week ends at 11:59 p.m. (ET) on **Friday**.