Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.
COURSE SYLLABUS
PACO 500
INTRODUCTION TO PASTORAL COUNSELING

COURSE DESCRIPTION
Introduces students to a solution-based model for short-term counseling that incorporates knowledge of and practice in facilitation skills, cognitive behavioral approaches, and biblical teaching.

RATIONALE
In today’s world, people in our churches and in society at large are hurting. As people go outside their own families for help, 40% of Americans turn to a local clergy person first. Therefore, leaders in ministry need to be thoroughly equipped for the work of the counseling ministry. Since counseling should not be the primary ministry of pastors, it is imperative that what they do in counseling is done with efficiency and effectiveness.

I. PREREQUISITE
For information regarding prerequisites for this course, please refer to the Academic Course Catalog.

II. REQUIRED RESOURCE PURCHASE
Click on the following link to view the required resource(s) for the term in which you are registered:

III. ADDITIONAL MATERIALS FOR LEARNING
A. Computer with basic audio/video output equipment
B. Internet access (broadband recommended)
C. Microsoft Office 365
D. Reference Point Software (http://www.referencepointsoftware.com/). This is a highly recommended APA software available for purchase.

IV. MEASURABLE LEARNING OUTCOMES
Upon successful completion of this course, the student will be able to:
A. Support assertions, arguments, and affirmations with appropriate content from the readings according to current APA formatting.
B. Identify his/her experience with and current approach to pastoral counseling as well as expectations as a student counselor.
C. Describe the necessary interpersonal and pastoral counseling skills to facilitate efficiency and effectiveness in pastoral counseling.

D. Discuss resources essential to cultivating a context for change and for fostering resiliency in the change process.

E. Develop a research-based framework for professional identity and ethics suitable for a non-licensure context.

F. Create an overview of a solution-based, short-term pastoral counseling strategy.

G. Utilize strengths/competencies in partnership with the care-seeker to build a better future under the authority of Scripture and the overarching goal of becoming imitators of Christ.

H. Develop a strategy for getting the care-seeker committed to action.

I. Connect the care-seeker to appropriate “others” in the body of Christ for the purpose of furthering growth and development by fostering accountability to the local church.

J. Apply the distinctive feature(s) of a solution-based, short-term counseling strategy to a required case study.

V. COURSE REQUIREMENTS AND ASSIGNMENTS

A. Textbook readings and lecture presentations/notes

B. Course Requirements Checklist

After reading the Syllabus and Student Expectations, the student will complete the related checklist found in Week 1.

C. Discussion Board Forums (5)

In this course, discussion boards are collaborative, content-building learning experiences. Therefore, the student is required to provide a thread in response to the provided prompt for each forum. Each thread must be at least 450 words and demonstrate course-related knowledge. In addition to the thread, the student is required to reply to 1 other classmate’s thread. Each reply must be at least 250 words and demonstrate course-related knowledge. (MLO: A, C, D, F, G, H)

D. Pastoral Counseling Reflection Paper

The student will write a 6-page paper in current APA format that focuses on his/her experience with pastoral counseling, current needs and expectations, and approach to pastoral counseling. The paper must include 1 reference from each of the assignment’s required readings. (MLO: A, B)

E. Solving My People Puzzle: Part 1

The student will write a 6–8-page paper in current APA format that focuses on describing his/her relational style. The paper must include at least 1 reference from each of the assignment’s required readings. (MLO: A, C)

F. Solving My People Puzzle: Part 2
The student will write a 4–6-page paper in current APA format that focuses on managing his/her relational style. The paper must include at least 1 reference from each of the assignment’s required readings. (MLO: A, C, D)

G. Identity and Ethics Paper

The student will write a 4–6-page paper in current APA format. The student should briefly describe a research-based paradigm for biblical professionalism and identify a potential professional partnership, including but not limited to a support group(s), local association of peers, referral network, and credible certification/licensure agencies/organizations. The paper must include at least 1 reference from each of the assignment’s required readings. (MLO: A, E)

H. Final Project

Based on the solution-based, short-term pastoral counseling model presented in the course, the student will apply the distinctive features of a solution-based, short-term strategy. In part, the project will integrate pertinent subject matter from previous learning activities, such as the steps in the Discussion Board Forums, and culminate in the final submission of the project. The paper will be 12–14 pages in current APA format. The paper must include at least 10 references. (MLO: A, C, D, G, H, I, J)

I. Exam

The Exam will cover the Reading & Study material for the first 4 modules/weeks. This exam will be open-book/open-notes, contain 36 multiple-choice, true/false, and essay questions, and have a time limit of 1 hour and 30 minutes. (MLO: A, C, D, F, H, I)

VI. COURSE GRADING AND POLICIES

A. Points

<table>
<thead>
<tr>
<th>Course Requirement</th>
<th>Points</th>
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<tbody>
<tr>
<td>Course Requirements Checklist</td>
<td>10</td>
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<tr>
<td>Discussion Board Forums (5 at 90 pts ea)</td>
<td>450</td>
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<tr>
<td>Pastoral Counseling Reflection Paper</td>
<td>75</td>
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<td>Solving My People Puzzle: Part 1</td>
<td>100</td>
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<tr>
<td>Solving My People Puzzle: Part 2</td>
<td>100</td>
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<tr>
<td>Identity and Ethics Paper</td>
<td>75</td>
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<tr>
<td>Final Project</td>
<td>100</td>
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<tr>
<td>Exam (Modules 1–4)</td>
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<td><strong>Total</strong></td>
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B. Scale
D- = 680–699  F = 0–679

C. Style Guidelines
All assignments for this course are to be formatted in accordance with the latest edition of the APA-style manual (Publication Manual of the American Psychological Association). Supplemental writing aids are available via the Online Writing Center.

D. Extra Credit
No additional “for credit” assignments will be permitted beyond those given in the course requirements stated above.

E. Course Changes
Course requirements are subject to change by the administration of the University at any time with appropriate notice.

F. Disability Assistance
Students with a documented disability may contact Liberty University Online’s Office of Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make arrangements for academic accommodations. Further information can be found at www.liberty.edu/disabilitysupport.
**COURSE SCHEDULE**

**PACO 500**


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<thead>
<tr>
<th>MODULE/WEEK</th>
<th>READING &amp; STUDY</th>
<th>ASSIGNMENTS</th>
<th>POINTS</th>
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<tr>
<td>1</td>
<td>Carbonell: intro; chs. 1, 7 Clinton &amp; Hawkins: Intro (pp. 7-11); Anger; Death; Forgiveness; Grief &amp; Loss; Suicide Johnson &amp; Johnson: chs. 1–2, 7 Kollar: preface; chs. 1–3, 19 Petersen: chs. 1–3, 26-27 2 presentations 1 lecture note: Case Study 4 websites</td>
<td>Course Requirements Checklist Class Introductions Pastoral Counseling Reflection Paper</td>
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<td>2</td>
<td>Carbonell: chs. 2–6, 8–9 Kollar: chs. 4–7 Petersen: chs. 4-25 3 presentations</td>
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<td>3</td>
<td>Kollar: chs. 8–9, 17 1 presentation 1 lecture note</td>
<td>DB Forum 1 Solving My People Puzzle: Part 2</td>
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<td>4</td>
<td>Kollar: chs. 10–11, 20 2 presentations 1 lecture note</td>
<td>DB Forum 2 Exam</td>
<td>90 100</td>
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<td>5</td>
<td>Kollar: chs. 12–15 1 presentation 1 article</td>
<td>DB Forum 3</td>
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<td>6</td>
<td>Johnson &amp; Johnson: chs. 3–6, 8 Kollar: ch. 16 1 presentation 1 lecture note 3 websites</td>
<td>DB Forum 4 Identity and Ethics Paper</td>
<td>90 75</td>
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<td>Kollar: pp. 241–245</td>
<td>Final Project</td>
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DB = Discussion Board

**NOTE:** Each course module/week begins on Monday morning at 12:00 a.m. (ET) and ends on Sunday night at 11:59 p.m. (ET). The final module/week ends at 11:59 p.m. (ET) on Friday. Make note that Friday is the hard date for Module/Week 8 assignments. Final Grades will be posted within 5 days of term ending.