

**Note:**

**Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.**

## ***COURSE SYLLABUS***

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### **NURS 503**

#### **MANAGING POPULATION HEALTH**

#### **COURSE DESCRIPTION**

This course focuses on health behaviors of diverse populations and critical analysis of various theories of health promotion and clinical prevention. Health behaviors of different cultures and age groups are addressed, relevant nursing research on health promotion and clinical prevention are discussed, and new areas for nursing research are identified. Emphasis is placed on the promotion of health, prevention of illness, and environmental factors that impact health status. The importance of providing appropriate, individualized health care that is sensitive to the ethnic, racial, gender and age differences within and across diverse populations is stressed and the role of the advanced practice nurse is emphasized.

#### **RATIONALE**

Personal lifestyles are known to have an impact on health status, and nurses can use their influence to change behaviors. The complex health care environment has created the need for individuals, health professionals, communities, government, and society to adopt health promotion and prevention strategies. Knowledge, skills, and abilities in the area of assessment, planning implementation, and evaluation are required to accomplish positive health promotion outcomes for families and communities.

#### **I. PREREQUISITE**

For information regarding prerequisites for this course, please refer to the [Academic Course Catalog](#).

#### **II. REQUIRED RESOURCE PURCHASE**

Click on the following link to view the required resource(s) for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

#### **III. ADDITIONAL MATERIALS FOR LEARNING**

- A. Computer with basic audio/video output equipment
- B. Internet access (broadband recommended)
- C. Blackboard [recommended browsers](#)
- D. Microsoft Office

#### **IV. MEASURABLE LEARNING OUTCOMES**

Upon successful completion of this course, the student will be able to:

- A. Analyze models of health promotion.
- B. Develop a health promotion program outline based on population health needs.
- C. Develop an initial plan for evaluating a health promotion program.
- D. Incorporate the biblical worldview into health planning.
- E. Examine considerations in addressing population health needs.
- F. Apply principles of health promotion and population health to a specific population.
- G. Examine quality and safety issues in planning for population health.

#### **V. COURSE REQUIREMENTS AND ASSIGNMENTS**

- A. Textbook readings and presentations
- B. Course Requirements Checklist

After reading the Course Syllabus and [Student Expectations](#), the student will complete the related checklist found in Module/Week 1.

- C. Discussion Board Forums (2)

There will be 2 Discussion Board Forums throughout this course. Discussion boards are collaborative learning experiences. Therefore, the student is required to create a thread in response to the provided topic for each forum. Each thread must be at least 500 words and demonstrate course-related knowledge. In addition to the thread, the student is required to reply to 2 other classmates' threads. Each reply must be at least 250 words. Each thread and each reply must be supported with at least 2 citations in current APA format.

- D. Healthy People 2020: Health Indicator Overview Paper

The student will write a 5–7-page paper in current APA format that focuses on 1 leading health indicator. The paper must include 3–5 scholarly sources in addition to the course textbooks and the Bible.

- E. Behavioral Economics Paper

The student will write a 5–7-page paper in current APA format that focuses on supports and barriers for successful behavior change. The paper must include 3–5 scholarly sources in addition to the course textbooks and the Bible.

- F. Healthcare Quality and Safety Paper

The student will write a 5–7-page paper that discusses the tenets of healthcare quality and safety in current APA format. The paper must include at least 3–5 scholarly sources in addition to the course textbooks and the Bible.

G. Population Health Intervention Project

Outline

The student will write a 2–3-page outline that focuses on the elements of a health indicator intervention in current APA format. The outline must include at least 3–5 scholarly sources in addition to the course textbooks and the Bible.

Annotated Bibliography

The student will write an annotated bibliography of 8–10 sources selected for the Population Health Intervention Final Paper in current APA format.

Final Paper

The student will write a 10–15-page paper in current APA format that focuses on the essential elements of a health intervention. The paper must include 8–10 scholarly sources in addition to the course textbooks and the Bible.

**VI. COURSE GRADING AND POLICIES**

A. Points

Course Requirements Checklist	10
Discussion Board Forums (2 at 75 pts ea)	150
Healthy People 2020: Health Indicator Overview Paper	150
Behavioral Economics Paper	150
Healthcare Quality and Safety Paper	175
Population Health Intervention Project	
Outline	75
Annotated Bibliography	75
Final Paper	225
<b>Total</b>	<b>1010</b>

B. Scale

A = 940–1010    A- = 920–939    B+ = 900–919    B = 860–899    B- = 840–859  
 C+ = 820–839    C = 780–819    C- = 760–779    D+ = 740–759    D = 700–739  
 D- = 680–699    F = 0–679

C. MSN Policies

Refer to [MSN Handbook](#).

D. Disability Assistance

Students with a documented disability may contact Liberty University Online's Office of Disability Accommodation Support (ODAS) at [LUOODAS@liberty.edu](mailto:LUOODAS@liberty.edu) to make arrangements for academic accommodations. Further information can be found at [www.liberty.edu/disabilitysupport](http://www.liberty.edu/disabilitysupport).

If you have a complaint related to disability discrimination or an accommodation that was not provided, you may contact ODAS or the Office of Equity and Compliance by phone at (434) 592-4999 or by email at [equityandcompliance@liberty.edu](mailto:equityandcompliance@liberty.edu). Click to see a full copy of Liberty's [Discrimination, Harassment, and Sexual Misconduct Policy](#) or the [Student Disability Grievance Policy and Procedures](#).

## ***COURSE SCHEDULE***

### **NURS 503**

Textbook: Nash et al., *Population Health: Creating a Culture of Wellness* (2016).

<b>MODULE/ WEEK</b>	<b>READING &amp; STUDY</b>	<b>ASSIGNMENTS</b>	<b>POINTS</b>
<b>1</b>	Nash et al.: chs. 1–2	Course Requirements Checklist Class Introductions DB Forum 1	10 0 75
<b>2</b>	Nash et al.: chs. 3–5 1 website	Healthy People 2020: Health Indicator Overview Paper	150
<b>3</b>	Nash et al.: chs. 6–8	Behavioral Economics Paper	150
<b>4</b>	Nash et al.: ch. 14	DB Forum 2	75
<b>5</b>	Nash et al.: chs. 9-11 5 websites	Healthcare Quality and Safety Paper	175
<b>6</b>	Nash et al.: chs. 16–17 1 website	PHIP: Outline	75
<b>7</b>	Nash et al.: ch. 18	PHIP: Annotated Bibliography	75
<b>8</b>	Nash et al.: ch. 20	PHIP: Final Paper	225
<b>TOTAL</b>			<b>1010</b>

DB = Discussion Board

PHIP = Population Health Intervention Project

**NOTE:** Each course module/week begins on Monday morning at 12:00 a.m. (ET) and ends on Sunday night at 11:59 p.m. (ET). The final module/week ends at 11:59 p.m. (ET) on **Friday**.