

Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.

COURSE SYLLABUS

NURS 210

HEALTH ASSESSMENT

COURSE DESCRIPTION

This course focuses on the development of a body systems approach to health assessment of individuals emphasizing normal growth and developmental responses across the lifespan. Content includes an introduction to the knowledge and skills of health assessment through a variety of methodologies in the classroom, opportunities to practice skills in the nursing laboratory and experiences in the clinical settings. Students apply communication techniques in eliciting comprehensive health histories and perform physical examinations in evaluating health status.

Note: NURS 210 is offered both as an online course and as an intensive held on the Liberty University Campus.

RATIONALE

The professional nurse is often called upon to make independent decisions regarding the resolution of patient care problems. This course serves as an introduction to patient assessment. Normal physical and developmental processes must be understood in order to recognize abnormal responses.

I. PREREQUISITE

For information regarding prerequisites for this course, please refer to the [Academic Course Catalog](#).

II. REQUIRED RESOURCE PURCHASE

Click on the following link to view the required resource(s) for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

III. ADDITIONAL MATERIALS FOR LEARNING

- A. Tape measure
- B. Tuning fork with weights—128—for assessing vibration sense
- C. Tuning fork with weights—512—for assessing hearing
- D. Oral thermometer with 20 sheaths
- E. Pill bottle
- F. Taylor hammer
- G. Mechanical timer – Lux
- H. Blood pressure cuff

- I. Handle ziplock bag
- J. Standard 2.5V diagnostic set in fitted case—ophthalmoscope and otoscope set
- K. Computer with basic audio/video output equipment
- L. Internet access (broadband recommended)
- M. Microsoft Word and Microsoft PowerPoint

IV. MEASURABLE LEARNING OUTCOMES

Upon successful completion of this course, the student will be able to:

- A. Assess body systems using the four modalities of the physical examination: inspection, palpation, percussion, and auscultation in proper sequence, using proper technique, in order to identify normal and abnormal findings.
- B. Utilize his or her interviewing skills regarding health assessment data collection by employing effective communication, interpretation of objective and subjective data, and appropriate documentation.
- C. Describe how technology has changed the physical assessment process over time.
- D. Demonstrate use of current assessment equipment and assessment verification options.
- E. Summarize legal responsibilities related to the physical assessment, including how to identify and locate appropriate patient referral contacts for issues that arise outside of the nursing scope of practice.
- F. Evaluate the interactions among health, economic, social, and political status, as well as cultural differences, and the impact each one can have on health care.
- G. Integrate an attitude of caring in client/nurse relationships while incorporating behaviors related to a Christian value system in the provision of nursing care.

V. COURSE REQUIREMENTS AND ASSIGNMENTS

- A. Textbook readings and lecture presentations.
- B. Course Requirements Checklist

After reading the Course Syllabus and [Student Expectations](#), the student will complete the related checklist found in Module/Week 1.

- C. Discussion Board Forums (3)

Discussion boards are collaborative learning experiences. Therefore, the student will create a thread in response to the provided prompt for each forum. Each thread must be at least 250 words and demonstrate course-related knowledge. For each thread, the student must support his/her assertions with at least 1 citation in current APA format. In addition to the thread, the student will reply to at least 2 classmates' threads. Each reply must be at least 150 words. Both replies must reference 1 scholarly source, and at least 1 of the replies must reference textbook

readings to support the student’s assertions. Acceptable sources include the course textbook, the Bible, legal sources, and video presentations.

D. Health History Examination

Prior to completing the Health History Examination, the Pathogens Form must be submitted. The student will complete 1 client physical Health History Examination on an adult age 18 or older (legal consenting age may vary per state). The student will use the provided Health History Examination Form.

E. Student Assessment Videos (3)

The student will complete 3 Student Assessment Videos (covering 3 stages of the head-to-toe assessment) on a consenting adult age 18 or older. Each assessment must be submitted as a single, continuous video without any editing. Videos must not exceed 25 minutes.

F. SOAP Note

The student will complete a SOAP Note based on the face, head, and neck examination. The student will utilize the Soap Note Form to record and submit his/her information. The SOAP note must follow current APA format and include 2 sources, the course textbook and a source for a NANDA-approved nursing diagnoses.

G. Didactic Physical Exam Video

The student will complete a Didactic Physical Exam (head-to-toe assessment) on a consenting adult age 18 or older. This assessment will be recorded and submitted as a video to the instructor for evaluation. Each Physical Exam must be submitted as a single, continuous video without any editing. This is a closed-book/closed-notes exam with a time limit of 1 hour.

H. Tests (4)

Each test will cover the Reading & Study material for the assigned modules/weeks. Each test will be open-book/open-notes, contain 50 multiple-choice questions, and have a time limit of 2 hours.

**Didactic Physical Exam, Health Assessment Videos, and Health History Examination are the clinical component for NURS 210. Satisfactory completion of all clinical components is required to earn a passing grade for the course.

VI. COURSE GRADING AND POLICIES

A. Points

Course Requirements Checklist	10
Discussion Board Forums (3 at 50 pts ea)	150
Health History Examination	50
Student Assessment Videos (3 at 75 pts ea)	225
SOAP Note	75
Didactic Physical Exam Video	200
Test 1 (Modules 1–2)	75

Test 2	(Modules 3–4)	75
Test 3	(Module 5)	75
Test 4	(Modules 6–7)	75
Total		1010

B. Scale

A = 900–1010 B = 800–899 C = 700–799 D = 600–699 F = 0–599

C. Disability Assistance

Students with a documented disability may contact Liberty University Online’s Office of Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make arrangements for academic accommodations. Further information can be found at www.liberty.edu/disabilitysupport.

COURSE SCHEDULE

NURS 210

Textbook: D'Amico & Barbarito, *Health & Physical Assessment in Nursing* (2016).

MODULE/ WEEK	READING & STUDY	ASSIGNMENTS	POINTS
1	D'Amico & Barbarito: chs. 1–2, 4–5, 8–12 2 presentations	Course Requirements Checklist Class Introductions DB Forum 1 Video Submission Test Pathogens Form Health History Examination	10 0 50 0 0 50
2	D'Amico & Barbarito: chs. 13–14 3 presentations	Student Assessment Video 1 Test 1	75 75
3	D'Amico & Barbarito: chs. 15–16, review ch. 1 2 presentations	SOAP Note	75
4	D'Amico & Barbarito: chs. 17, 19–20 3 presentations 12 websites	Student Assessment Video 2 Test 2	75 75
5	D'Amico & Barbarito: chs. 21–22 3 presentations	DB Forum 2 Test 3	50 75
6	D'Amico & Barbarito: chs. 25–26 3 presentations 1 website	Student Assessment Video 3	75
7	D'Amico & Barbarito: chs. 18, 23–24 1 presentation 2 websites	DB Forum 3 Test 4	50 75
8	D'Amico & Barbarito: chs. 2–3, 29 Recommended: chs. 26, 28 2 presentations	Didactic Physical Exam Video	200
TOTAL			1010

DB = Discussion Board

NOTE: Each course module/week (except Module/Week 1) begins on Tuesday morning at 12:00 a.m. (ET) and ends on Monday night at 11:59 p.m. (ET). The final module/week ends at 11:59 p.m. (ET) on **Friday**.