

Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.

COURSE SYLLABUS

DBMF 605

PARENTING AND CHILD DISCIPLINE STRATEGIES: RAISING HEALTHY KIDS

COURSE DESCRIPTION

This course provides the counseling knowledge and tools for helping parents raise emotionally, physically, spiritually and socially healthy children. Proactive and effective child discipline strategies are examined from a developmental perspective and incorporate current research. Ethical concerns and multicultural factors are also considered.

RATIONALE

The timeless principles and research taught in this course will provide pastors, counselors, and parenting champions a balanced perspective of our complex world and offer practical applications necessary for helping parents learn to discipline and raise healthy children.

I. PREREQUISITE

For information regarding prerequisites for this course, please refer to the [Academic Course Catalog](#).

II. REQUIRED RESOURCE PURCHASE

Click on the following link to view the required resource(s) for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

III. RECOMMENDED RESOURCE PURCHASES

American Psychological Association. *Publication manual of the American Psychological Association* (Current ed). Washington, DC: Author.

Cloud, H. & Townsend, J. (1998). *Boundaries with kids: How healthy choices grow healthy children*. Peabody, MA: Zondervan.

Cloud, H. & Townsend, J. (2006). *Boundaries with teens: When to say yes, how to say no*. Peabody, MA: Zondervan.

Meeker, M. (2009). *Boys should be boys: 7 secrets to raising healthy sons*. New York: Ballantine Books.

IV. ADDITIONAL MATERIALS FOR LEARNING

- A. Computer with basic audio/video equipment
- B. Internet access (broadband recommended)
- C. Blackboard [recommended browsers](#)

- D. Microsoft Word
(Microsoft Office is available at a special discount to Liberty University students.)

V. MEASURABLE LEARNING OUTCOMES

Upon successful completion of this course, the student will be able to:

- A. Describe and evaluate theories and discipline strategies of parenting.
- B. Set proactive parenting strategies for effective discipline and childrearing.
- C. Demonstrate critical thinking skills to evaluate, critique and synthesize current parenting research and resources for parents.
- D. Identify how different ethnicities and culture influence parenting and discipline strategies.
- E. Explain the significance of the historical, cultural and spiritual context of parenting.
- F. Create effective intervention and counseling plans for helping parents set discipline strategies that build emotional, spiritual, social, and cognitive health in their children.

VI. COURSE REQUIREMENTS AND ASSIGNMENTS

- A. Textbook readings and lecture presentations/notes
- B. Course Requirements Checklist

After reading the Course Syllabus and [Student Expectations](#), the student will complete the related checklist found in Module/Week 1.

- C. Discussion Board Forums (4)

Discussion boards are a collaborative learning experience. Therefore, the student is required to create a thread in response to the provided prompt for each forum. Each forum will require the student to answer questions with a minimum of 400 words based on the Reading & Study materials. The student will be required to reply to at least at least 2 classmate's threads. Each thread must be at least 200 words.

- D. 4 MAT Review (2)

The 4-MAT Book Review system is a way of responding to readings that requires the student to interact with new ideas on several levels by writing a Summary, forming Concrete Responses, a Reflection, and a Personal Application.

- E. Movie Review (2)

The Movie Review assignments provide opportunities to focus on a movie with a strong parenting/discipline theme. The student must interact with the movie's content in a way that aids understanding of the impact of movies on the counseling process, including a Review, the Therapeutic Implications, and the Personal/Professional Implications of the movie.

F. Research Paper

Topic

The student will submit a topic with a 300-word rationale including at least 3 cited sources detailing why the topic is relevant to parenting discipline strategies and the reason for his/her interest in the topic. Topic choices include the following:

- Parenting Children with ADHD
- Parenting Children with Autism Spectrum Disorder
- Parenting Strong-willed Children
- The Use and Efficacy of Corporal Punishment as a Discipline Strategy
- Discipline and Child Temperament
- Discipline in Step/Blended Families and Divorced Homes
- Other topics may be chosen with the instructor’s permission

Outline

The student will submit an outline for the paper and include at least 5 sources.

Final

The paper must be 10 pages (not including Title Page and References) and follow current APA guidelines, citing at least 5 references from current sources (half must come from research/journal articles).

VII. COURSE GRADING AND POLICIES

A. Points

Course Requirements Checklist	10
Discussion Board Forums (4 at 100 pts ea)	400
4 MAT Review (2 at 100 pts ea)	200
Movie Review (2 at 100pts ea)	200
Research Paper	
Topic	50
Outline	50
Final	100
Total	1010

B. Scale

A = 940–1010 A- = 920–939 B+ = 900–919 B = 860–899 B- = 840–859
 C+ = 820–839 C = 780–819 C- = 760–779 D+ = 740–759 D = 700–739
 D- = 680–699 F = 0–679

C. Dual Relationship

The faculty is responsible to interact with counseling students in a supervisory capacity/role. As such, faculty may provide students professional principles, guidance, and recommendations as it relates to the context of the student-client setting. The faculty is responsible to avoid dual relationships with students such as entering a student-counselor or student-pastor relationship. Thus, the faculty does not provide personal counseling addressing student personal problems. If a faculty member perceives that a student is in need of personal or professional counseling, then that faculty member will recommend that the student pursue either pastoral or professional assistance from a counselor in their community.

D. Limits of Confidentiality

In the event of a student's disclosure, either verbally or in writing, of threat of serious or foreseeable harm to self or others, abuse or neglect of a minor, elderly or disabled person, or current involvement in criminal activity, the faculty, staff, administrator, or supervisor will take immediate action. This action may include, but is not limited to, immediate notification of appropriate state law enforcement or social services personnel, emergency contacts, and notification of the appropriate program chair or online dean. The incident and action taken will become part of the student's permanent record.

E. Disability Assistance

Students with a documented disability may contact Liberty University Online's Office of Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make arrangements for academic accommodations. Further information can be found at www.liberty.edu/disabilitysupport.

COURSE SCHEDULE

DBMF 605

MODULE/ WEEK	READING & STUDY	ASSIGNMENTS	POINTS
1	Dobson (2007): chs. 1–2 Friedman: chs. 1–2 3 presentations 4 audio presentations 1 PDF	Course Requirements Checklist Class Introductions DB Forum 1	10 0 100
2	Dobson (2007): chs. 3–4 Friedman: chs. 3–4 3 presentations 1 audio presentation 1 PDF	Movie Review #1 Research Paper: Topic	100 50
3	Dobson (2007): chs. 5–6 Dobson (2014): chs. 1–4 Friedman: chs. 5–6 3 presentations 2 audio presentations 1 PDF	DB Forum 2	100
4	Dobson (2007): chs. 7–8 Dobson (2014): chs. 5–7 Friedman: ch. 7 3 presentations 4 audio presentations	4 MAT Review #1 Research Paper: Outline	100 50
5	Dobson (2007): chs. 9–10 Dobson (2014): chs. 8–11 4 presentations 1 PDF	DB Forum 3	100
6	Dobson (2007): chs. 11–12 Friedman: chs. 8–10 4 presentations 1 PDF	Movie Review #2	100
7	Friedman: ch. 11 4 presentations 1 PDF	DB Forum 4 4 MAT Review #2	100 100
MODULE/ WEEK	READING & STUDY	ASSIGNMENTS	POINTS

8	Friedman: ch. 12 2 presentations 1 audio presentation 1 PDF	Research Paper	100
TOTAL			1010

DB = Discussion Board

NOTE: Each course week begins on Monday morning at 12:00 a.m. (ET) and ends on Sunday night at 11:59 p.m. (ET). The final week ends at 11:59 p.m. (ET) on **Friday**.