

Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.

COURSE SYLLABUS

CRIS 302

FOUNDATIONAL PRINCIPLES OF CRISIS RESPONSE

COURSE DESCRIPTION

A general overview and analysis of the theoretical concepts of crisis response, critical incidents and grief and will cover intervention models, effects of critical incident stress. The course will cover the historical background of the discipline and scope of crisis response.

RATIONALE

Over 80% of Americans will be exposed to a traumatic event and experience significant distress due to a crisis or critical incident. A crisis typically involves a temporary loss of coping skills and causes significant impairment in nearly half of those exposed. Personal crises, such as death of family member or loss of a job, impact the ability to function in everyday life and affect relationships with spouses, family, co-workers, friends, and church members. Crisis response and crisis counseling are designed to help individuals cope with the stress or event experienced and to mitigate the threat of posttraumatic stress, critical incident, stress, and personal crises on the individual. This course provides the information needed to develop a foundational understanding of crises and crisis responding in order to help individuals return to prior levels of functioning.

I. PREREQUISITE

For information regarding prerequisites for this course, please refer to the [Academic Course Catalog](#).

II. REQUIRED RESOURCE PURCHASE

Click on the following link to view the required resource(s) for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

III. ADDITIONAL MATERIALS FOR LEARNING

- A. Computer with basic audio/video output equipment
- B. Internet access (broadband recommended)
- C. Blackboard [recommended browsers](#)
- D. Microsoft Office

IV. MEASURABLE LEARNING OUTCOMES

Upon successful completion of this course, the student will be able to:

- A. Articulate a theoretical understanding of what constitutes a crisis and the critical incident stress that ensues.

- B. Examine and discuss the phases of a crisis and be able to implement an effective process of crisis intervention.
- C. Explain the various types of crises and the unique effects on an individual's body, mind, emotions, and spiritual state.
- D. Explain and differentiate between critical incident stress management and long-term crisis counseling.
- E. Explain and discuss specific issues related to crises, to include: helping a suicidal person, children, and adolescents.
- F. Examine, discuss, and integrate all issues, theories, assumptions, materials, etc., presented in the course through the lens of Scripture.

V. COURSE REQUIREMENTS AND ASSIGNMENTS

A. Textbook readings and lecture presentations

B. Course Requirements Checklist

After reading the Course Syllabus and [Student Expectations](#), the student will complete the related checklist found in Module/Week 1.

C. Discussion Board Forums (4)

Discussion boards are collaborative learning experiences. Therefore, the student will submit a thread in response to each of the 4 case studies posed by the instructor. In addition, the student will submit a reply to the thread of at least 1 classmate. Each thread must be at least 400 words, and each reply must be at least 200 words. Each thread must include at least 1 peer-reviewed source from outside the course as well as biblical integration, and each reply must include at least 1 course textbook or biblical citation. All outside citations must be from sources published within the past 10 years, and citations must be in current APA format. (CLOs A, B, D, F)

D. Research Paper

The student will build a 2000–2500-word research paper in current APA format. Over the duration of the course, the student will select a topic; create a title page, abstract, and outline of the paper; and, finally, submit his or her final research paper.

Topic

The student will choose a specific type of crises or trauma topic to write about for the research paper. The student must submit his or her topic selection for instructor approval. If the topic does not receive instructor approval, it will not be eligible for use in the research paper.

Title Page, Abstract, and Outline

The student will complete interactive exercises to master creating a title page, abstract, outline, and reference page in current APA format. After this presentation has been completed, the student will create a title page, abstract, and outline in current APA format. The abstract must be 150–250 words. The outline must be 60–100 words and include at least 3 references the student plans to use. The references must be listed in a reference section in current APA format. The outline must include the Level 1, Level 2, and, if necessary, Level 3 headings the student will use in setting up his or her Research Paper.

Final

Utilizing information presented in this course, as well as theoretical and practical elements from academic and Christian sources, the student will compile an original research paper of 2000–2500 words of body text in current APA format. The research paper must include an APA title and reference page and include at least 12 scholarly sources in addition to the textbook and a biblical integration. The body of the paper will be broken into 2 primary sections: (1) a summary of the student’s understanding of the nature and causes of trauma and (2) detailed nature, effects, and crisis response strategy for immediate intervention for the specific type of trauma chosen. (SLOs A, B, C, D, E, F)

E. Current Events Paper

The student will follow the weekly news for the first weeks of this course looking for a situation they would hypothetically respond to as a crisis interventionist. The student will complete a 750–1000-word review of the incident that includes 4 primary sections: (1) explore the nature of the crisis presented, (2) suggest steps for alleviating the crisis, (3) teach coping skills, and (4) help the victim(s) develop resiliency. This assignment must be in current APA format and must include at least 1 citation of the textbook and at least 1 citation from an outside source. The paper must also include a title page, abstract, and reference page in current APA format. The abstract must be 150–250 words. (SLOs A, B, C, E)

F. Exams (3)

Each exam will cover the Reading & Study material for the assigned modules/weeks. Each exam will be open-book/open-notes. Exams 1 and 2 will contain 20 multiple-choice and true/false questions and have a time limit of 40 minutes. Exam 3 will contain 15 multiple-choice and true/false questions and 1 essay question and have a time limit of 1 hour and 30 minutes. (SLOs A, B, C, D, E, F)

VI. COURSE GRADING AND POLICIES**A. Points**

Course Requirements Checklist	10
Discussion Board Forums (4 at 70 pts ea)	280
Research Paper	
Topic	20
Title Page, Abstract, and Outline	100
Final	200
Current Events Paper	100
Exams (3 at 100 pts each)	300
Total	1010

B. Scale

A = 900–1010 B = 800–899 C = 700–799 D = 600–699 F = 0–599

C. Course Disclaimer

Students enrolling in CRIS 302 should be aware of the sensitive nature of the content related to trauma and crisis covered in this course. If they have recently gone through a trauma or are currently seeking counseling around issues of trauma and crisis, it is recommended they consider this disclaimer prior to committing to the course.

D. Disability Assistance

Students with a documented disability may contact Liberty University Online's Office of Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make arrangements for academic accommodations. Further information can be found at www.liberty.edu/disabilitysupport.

COURSE SCHEDULE

CRIS 302

Textbooks: Kanel, *A Guide to Crisis Intervention* (2018).
Wright, *The Complete Guide to Crisis & Trauma Counseling* (2012).

MODULE/ WEEK	READING & STUDY	ASSIGNMENTS	POINTS
1	Kanel: ch. 1 Wright: ch. 1 2 presentations	Course Requirements Checklist	10
		Class Introductions	0
		DB Forum 1	70
		Research Paper – Topic	20
2	Wright: chs. 7–8, 11 2 presentations	DB Forum 2	70
		Exam 1	100
3	Wright: chs. 2–3 2 presentations	Research Paper – Title Page, Abstract, and Outline	100
4	Kanel: chs. 2–3 Wright: ch. 9 2 presentations	DB Forum 3	70
		Exam 2	100
5	Kanel: ch. 4 Wright: chs. 12–15 2 presentations	Current Events Paper	100
6	Wright: chs. 16–18 1 presentation	Exam 3	100
7	Kanel: ch. 7 Wright ch. 10 2 presentations	Research Paper – Final	200
8	Kanel: ch. 6 Wright: Conclusion 2 presentations	DB Forum 4	70
TOTAL			1010

DB = Discussion Board

NOTE: Each course module/week (except Module/Week 1) begins on Tuesday morning at 12:00 a.m. (ET) and ends on Monday night at 11:59 p.m. (ET). The final module/week ends at 11:59 p.m. (ET) on **Friday**.