

Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.

COURSE SYLLABUS

CCOU 304

CHRISTIAN COUNSELING FOR WOMEN

COURSE DESCRIPTION

This course examines common issues as it relates to counseling women. It explores the biblical perspectives and developmental/cultural situations that will help prepare the student to engage in counseling to this population group.

RATIONALE

Designed to educate, equip, and serve those who help others, this course covers major women's issues that span the stages of a woman's life. The aim of this course is threefold. First, this course aims to give those ministering to women resources and knowledge to draw from, especially those areas of need outside their own experience. Secondly, this course aims to provide a body of material that will inspire, challenge, and enhance everyday life for any woman or those ministering to women. Thirdly, this course is designed to bless anyone who wants to grow in Christ and seek God's best for his or her life.

I. PREREQUISITE

For information regarding prerequisites for this course, please refer to the [Academic Course Catalog](#).

II. REQUIRED RESOURCE PURCHASE

Click on the following link to view the required resource(s) for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

III. ADDITIONAL MATERIALS FOR LEARNING

- A. Computer with basic audio/video output equipment
- B. Internet access (broadband recommended)
- C. Blackboard [recommended browsers](#)
- D. Microsoft Office

IV. MEASURABLE LEARNING OUTCOMES

Upon successful completion of this course, the student will be able to:

- A. Identify spiritual, emotional, and physical goals of counseling women.
- B. Describe how a defensive personality structure influences a woman's life.

- C. Identify ways to properly navigate through and successfully handle major life transitions and circumstances.
- D. Identify how to assess life's problems in a positive, solution-focused way (problems include: women and depression, stress and anxiety, body image and eating disorders, healing from sexual abuse, and spousal abuse).
- E. Describe ways of making a marriage great, including finding sexual satisfaction, spiritual intimacy within marriage, and living in a marriage without regret.
- F. Identify ways to help women with family life.

V. COURSE REQUIREMENTS AND ASSIGNMENTS

- A. Textbook readings and lecture presentations/notes
- B. Course Requirements Checklist

After reading the Course Syllabus and [Student Expectations](#), the student will complete the related checklist found in Module/Week 1.

- C. Discussion Board Forums (5)

Discussion board are collaborative learning experiences. Therefore, the student is required to create a thread in response to the provided prompt for each forum. Each thread must be 250–400 words and must include at least 1 textbook citation in current APA format. In addition to the thread, the student is required to reply to the threads of at least 3 classmates. Each reply must be 100–200 words and must integrate at least 1 of the following citation options in current APA format: the Bible, the textbook, or another peer-reviewed resource.

- D. Research Paper

The student will write a Research Paper on a major topic within women's issues. The topic must be approved by the instructor and must be related to 1 of the following units: life transitions, life enrichment, life problems, marital life, or family life. The Research Paper must include at least 10 scholarly sources. The paper, including citations, must follow current APA guidelines.

Title Page and Abstract

The student will compose the Title Page and Abstract for the Research Paper. In APA formatting, the abstract is not a traditional introduction, but rather provides the reader with a road map of what follows. The abstract must be 150–250 words. The student will have access to interactive tutorial exercises to master current APA title page and abstract formatting.

Outline and Reference Page

The student will compose a content outline for the Research Paper and submit it with the Reference Page. The outline must contain 2 levels of current APA edition headings and must include the expected resources for each level. The student will also compile a list of at least 5 outside (this number will not include the required texts or Bible), current (within the last 10 years) resources in current APA format. The student will have access to interactive tutorial exercises to master current APA outline and reference page formatting.

Final

Utilizing information presented in this course, as well as theoretical and practical elements from academic and Christian sources, the student will compile an original Research Paper of 8–10 pages of body text in current APA format. The Research Paper–Final must include the previously-created APA title page, abstract, and references page and contain at least 10 scholarly sources in addition to the textbook and a biblical integration. The title page, abstract, and references page will not count toward the overall length requirement.

E. Exams (4)

The student will complete 4 exams. The exams are open-note/open-book. The exams will contain multiple-choice and true/false questions. The student will have 1 hour to complete each exam.

VI. COURSE GRADING AND POLICIES

A. Points

Course Requirements Checklist	10
Discussion Board Forums (1 at 30 pts, 4 at 80 pts ea)	350
Research Paper	
Title Page and Abstract	40
Outline and Reference Page	60
Final	150
Exams (4 at 100 pts ea)	400
Total	1010

B. Scale

A = 900–1010 B = 800–899 C = 700–799 D = 600–699 F = 0–599

C. Disability Assistance

Students with a documented disability may contact Liberty University Online's Office of Disability Accommodation Support (ODAS) at luoodas@liberty.edu to make arrangements for academic accommodations. Further information can be found at www.liberty.edu/disabilitysupport.

If you have a complaint related to disability discrimination or an accommodation that was not provided, you may contact ODAS or the Office of Equity and Compliance by phone at (434) 592-4999 or by email at equityandcompliance@liberty.edu. Click to see a full copy of Liberty's [Discrimination, Harassment, and Sexual Misconduct Policy](#) or the [Student Disability Grievance Policy and Procedures](#).

COURSE SCHEDULE

CCOU 304

Textbooks: Fitzpatrick, *Women Counseling Women* (2010).
Hislop, *Shepherding Women in Pain* (2010).

MODULE/ WEEK	READING & STUDY	ASSIGNMENTS	POINTS
1	Fitzpatrick: chs. 1–2 Hislop: chs. 1–2 1 presentation	Course Requirements Checklist DB Forum 1	10 30
2	Fitzpatrick: chs. 3–4 Hislop: chs. 3–4 1 presentation	DB Forum 2 Exam 1	80 100
3	Fitzpatrick: ch. 6 Hislop: ch. 9 2 presentations	Interactive APA Presentation: Title Page Interactive APA Presentation: Abstract Research Paper - Title Page and Abstract	0 0 40
4	Fitzpatrick: chs. 7–8 Hislop: chs. 6, 12 5 presentations	DB Forum 3 Exam 2	80 100
5	Fitzpatrick: chs. 13–14 Hislop chs: 16–17 1 presentation	Interactive APA Presentation: Outline Interactive APA Presentation: Reference Page Research Paper - Outline and Reference Page	0 0 60
6	Fitzpatrick: chs. 11–12 Hislop: ch. 20 1 presentation	DB Forum 4 Exam 3	80 100
7	Fitzpatrick: ch. 15 Hislop: chs. 22–23 1 presentation	Research Paper - Final	150
8	Fitzpatrick: chs. 18–19 Hislop: chs. 24–25 1 presentation	DB Forum 5 Exam 4	80 100
TOTAL			1010

DB = Discussion Board

NOTE: Each course module/week (except Module/Week 1) begins on Tuesday morning at 12:00 a.m. (ET) and ends on Monday night at 11:59 p.m. (ET). The final module/week ends at 11:59 p.m. (ET) on **Friday**.