

Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.

COURSE SYLLABUS

CCOU 201

INTRODUCTION TO CHRISTIAN COUNSELING

COURSE DESCRIPTION

This course serves as an introduction to biblical counseling and helping ministry with special attention given to tough issues that pain today's generations, the modern-day search for answers, and the biblical basis for a counseling ministry.

RATIONALE

This course is designed to equip students to identify and distinguish counseling models that quantify Christian counseling. The content is designed to deliver essential knowledge and skill to help students become proficient in helping within a Christian ministry context. The course provides students with an overview of basic resources and knowledge that apply to a broad scope of counseling issues; secondly, it presents practical biblical counseling models and skills to address those issues.

I. PREREQUISITE

For information regarding prerequisites for this course, please refer to the [Academic Course Catalog](#).

II. REQUIRED RESOURCE PURCHASE

Click on the following link to view the required resource(s) for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

III. ADDITIONAL MATERIALS FOR LEARNING

- A. Computer with basic audio and video equipment
- B. Internet access (broadband recommended)
- C. Microsoft Word (Microsoft Office is available at a special discount to Liberty University students.)

IV. MEASURABLE LEARNING OUTCOMES

Upon successful completion of this course, the student will be able to:

- A. Define the current issues in the Christian counseling field (PLO1).
- B. Identify foundational Christian counseling skills (PLO1).
- C. Evaluate the differences between Christian counseling and the secular counseling field (PLO 2, PLO3, PLO4).
- D. Apply counseling issues to diverse populations (PLO6).
- E. Discuss a biblical model of Christian counseling (PLO5).
- F. Identify major counseling issues Christian counselors face (PLO1).

V. COURSE REQUIREMENTS AND ASSIGNMENTS

- A. Textbook readings and presentations with lecture notes
- B. Course Requirements Checklist
After reading the Syllabus and [Student Expectations](#), the student will complete the related checklist found in Module/Week 1.
- C. Discussion Board Forums (7)
The student is required to provide a thread in response to the provided prompt for each forum. Each thread must be at least 250 words in length and demonstrate course-related knowledge. In addition to the thread, the student is required to reply to 2 other classmates' threads. Each reply must be at least 150 words in length.
- D. Counseling Review Paper
The student will read the article, provided in Module/Week 5, on *Client Centered Therapy* (CCT). The student will write a 2-3-page review paper, in current APA style, highlighting biblical support for CCT and for limiting the use of CCT.
- E. Exams (4)
The student will take 4 exams in this course. Each exam will have 25 multiple-choice or true/false questions, and the student will have 1 hour to complete each exam. The exams cover content from the video lectures in all 8 Modules/Weeks and select chapters from *Caring for People God's Way* (Clinton, Hart, & Ohlschlager, 2005). Exam 1 covers Chapters 1–2. Exam 2 covers Chapters 3–4. Exam 3 covers Chapters 7 and 10. Exam 4 covers Chapters 6 and 13.

VI. COURSE GRADING AND POLICIES

A. Points		
	Course Required Checklist	10
	Discussion Board Forums (7 at 50 pts ea)	350
	Counseling Review Paper	250
	Exams (4 at 100 pts ea)	400
	Total	1010

- B. Scale
A = 900–1010 B = 800–899 C = 700–799 D = 600–699 F = 0–599

- C. Disability Assistance
Students with a documented disability may contact Liberty University Online's Office of Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make arrangements for academic accommodations. Further information can be found at www.liberty.edu/disabilitysupport.

COURSE SCHEDULE

CCOU 201

Textbooks: Clinton et al., *Caring for People God's Way* (2005).

MODULE/ WEEK	READING & STUDY	ASSIGNMENTS	POINTS
1	Clinton et al.: ch. 1 2 presentations 3 lecture notes	Course Requirements Checklist Class Introductions DB Forum 1	10 0 50
2	Clinton et al.: ch. 2 2 presentations 2 lecture notes	DB Forum 2 Exam 1	50 100
3	Clinton et al.: ch. 3 2 presentations 2 lecture notes	DB Forum 3	50
4	Clinton et al.: ch. 4 2 presentations 2 lecture notes	DB Forum 4 Exam 2	50 100
5	2 presentations 2 lecture notes	Counseling Review Paper	250
6	Clinton et al.: chs. 7, 10 1 presentation 1 lecture note	DB Forum 5 Exam 3	50 100
7	Clinton et al.: ch. 6 3 presentations 3 lecture notes	DB Forum 6	50
8	Clinton et al.: ch. 13 2 presentations 2 lecture notes	DB Forum 7 Exam 4	50 100
TOTAL			1010

DB = Discussion Board

NOTE: Each course week (except Module/Week 1) begins on Tuesday morning at 12:00 a.m. (ET) and ends on Monday night at 11:59 p.m. (ET). The final week ends at 11:59 p.m. (ET) on Friday.